

Upshur Neck, VA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:10	3.4	1:36	4.3	7:19	0.9	8:11	0.9	6:59	4:45	
2	Tue	2:06	3.6	2:27	4.2	8:16	1.0	8:56	0.8	7:00	4:45	
3	Wed	3:02	3.8	3:20	4.1	9:13	1.0	9:41	0.7	7:00	4:45	
4	Thu	3:57	4.2	4:12	4.1	10:11	0.8	10:27	0.5	7:01	4:45	
5	Fri	4:47	4.7	5:03	4.1	11:09	0.6	11:14	0.2	7:02	4:45	
6	Sat	5:36	5.2	5:52	4.1			12:04	0.3	7:03	4:45	
7	Sun	6:24	5.6	6:41	4.2	12:02	-0.1	12:58	0.1	7:04	4:45	
8	Mon	7:13	6.0	7:31	4.2	12:51	-0.3	1:49	-0.2	7:05	4:45	
9	Tue	8:04	6.2	8:22	4.2	1:40	-0.6	2:40	-0.3	7:06	4:45	
10	Wed	8:56	6.3	9:14	4.2	2:30	-0.7	3:31	-0.4	7:06	4:45	
11	Thu	9:48	6.2	10:07	4.1	3:21	-0.8	4:24	-0.4	7:07	4:45	
12	Fri	10:41	6.0	11:01	4.1	4:15	-0.7	5:18	-0.3	7:08	4:45	
13	Sat	11:35	5.7	11:59	4.0	5:12	-0.5	6:13	-0.2	7:09	4:45	
14	Sun			12:30	5.3	6:13	-0.3	7:09	-0.1	7:09	4:46	
15	Mon	12:59	4.0	1:27	4.8	7:17	0.0	8:04	-0.1	7:10	4:46	
16	Tue	2:04	4.1	2:27	4.3	8:24	0.2	8:58	-0.1	7:11	4:46	
17	Wed	3:10	4.2	3:28	3.9	9:32	0.3	9:50	0.0	7:11	4:47	
18	Thu	4:13	4.5	4:27	3.6	10:40	0.3	10:41	0.0	7:12	4:47	
19	Fri	5:09	4.7	5:21	3.5	11:44	0.3	11:30	-0.1	7:13	4:47	
20	Sat	5:58	4.8	6:09	3.4			12:40	0.2	7:13	4:48	
21	Sun	6:43	5.0	6:54	3.4	12:18	-0.1	1:27	0.1	7:14	4:48	
22	Mon	7:26	5.0	7:36	3.4	1:02	-0.1	2:09	0.1	7:14	4:49	
23	Tue	8:08	5.1	8:18	3.4	1:44	-0.2	2:47	0.1	7:15	4:49	
24	Wed	8:49	5.1	9:00	3.5	2:25	-0.2	3:25	0.2	7:15	4:50	
25	Thu	9:30	5.0	9:41	3.5	3:04	-0.2	4:02	0.2	7:15	4:50	
26	Fri	10:10	4.9	10:23	3.5	3:44	-0.1	4:40	0.3	7:16	4:51	
27	Sat	10:50	4.8	11:05	3.5	4:25	0.1	5:19	0.4	7:16	4:52	
28	Sun	11:29	4.6	11:47	3.5	5:08	0.2	5:59	0.5	7:16	4:52	
29	Mon			12:09	4.4	5:53	0.4	6:39	0.5	7:17	4:53	
30	Tue	12:33	3.6	12:51	4.1	6:43	0.6	7:21	0.5	7:17	4:54	
31	Wed	1:21	3.7	1:37	3.9	7:37	0.7	8:04	0.4	7:17	4:55	