

Upshur Neck, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:12	4.0	2:28	3.6	8:34	0.7	8:48	0.4	7:17	4:55	
2	Fri	3:09	4.2	3:25	3.5	9:34	0.7	9:39	0.2	7:17	4:56	
3	Sat	4:07	4.6	4:23	3.5	10:36	0.5	10:34	0.0	7:18	4:57	
4	Sun	5:04	5.0	5:21	3.6	11:38	0.3	11:30	-0.3	7:18	4:58	
5	Mon	6:00	5.4	6:16	3.7			12:37	0.0	7:18	4:59	
6	Tue	6:54	5.8	7:10	3.9	12:27	-0.6	1:32	-0.3	7:18	5:00	
7	Wed	7:48	6.0	8:05	4.1	1:22	-0.9	2:25	-0.6	7:18	5:00	
8	Thu	8:42	6.1	8:58	4.2	2:16	-1.2	3:15	-0.7	7:18	5:01	
9	Fri	9:34	6.1	9:52	4.4	3:09	-1.3	4:05	-0.8	7:17	5:02	
10	Sat	10:24	5.8	10:45	4.4	4:03	-1.2	4:54	-0.8	7:17	5:03	
11	Sun	11:14	5.4	11:39	4.5	4:59	-1.0	5:44	-0.7	7:17	5:04	
12	Mon			12:04	4.9	5:57	-0.7	6:34	-0.6	7:17	5:05	
13	Tue	12:34	4.4	12:55	4.3	6:57	-0.3	7:25	-0.4	7:17	5:06	
14	Wed	1:32	4.3	1:49	3.8	8:01	0.0	8:16	-0.3	7:16	5:07	
15	Thu	2:34	4.3	2:48	3.3	9:06	0.3	9:09	-0.1	7:16	5:08	
16	Fri	3:38	4.3	3:49	3.1	10:14	0.4	10:03	0.0	7:16	5:09	
17	Sat	4:39	4.3	4:49	2.9	11:22	0.5	10:58	0.0	7:15	5:10	
18	Sun	5:35	4.4	5:42	3.0			12:22	0.4	7:15	5:11	
19	Mon	6:24	4.5	6:29	3.1			1:11	0.4	7:15	5:12	
20	Tue	7:08	4.6	7:12	3.2	12:40	-0.1	1:50	0.3	7:14	5:13	
21	Wed	7:50	4.7	7:54	3.4	1:24	-0.2	2:26	0.2	7:14	5:14	
22	Thu	8:29	4.8	8:35	3.5	2:05	-0.3	2:59	0.2	7:13	5:16	
23	Fri	9:07	4.8	9:16	3.7	2:44	-0.3	3:33	0.1	7:13	5:17	
24	Sat	9:44	4.8	9:55	3.8	3:23	-0.3	4:06	0.1	7:12	5:18	
25	Sun	10:21	4.7	10:35	3.9	4:02	-0.2	4:41	0.1	7:11	5:19	
26	Mon	10:57	4.5	11:14	3.9	4:42	0.0	5:16	0.2	7:11	5:20	
27	Tue	11:33	4.2	11:55	4.0	5:25	0.1	5:53	0.2	7:10	5:21	
28	Wed			12:12	4.0	6:12	0.3	6:32	0.3	7:09	5:22	
29	Thu	12:39	4.1	12:55	3.7	7:04	0.5	7:17	0.3	7:09	5:23	
30	Fri	1:30	4.2	1:46	3.4	8:01	0.6	8:07	0.2	7:08	5:24	
31	Sat	2:29	4.4	2:46	3.3	9:03	0.6	9:03	0.1	7:07	5:25	