

Upshur Neck, VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:00	4.6	2:20	3.3	8:41	0.6	8:38	0.2	6:34	5:56	
2	Mon	3:09	4.7	3:30	3.3	9:48	0.6	9:44	0.0	6:33	5:57	
3	Tue	4:18	4.9	4:38	3.5	10:55	0.4	10:51	-0.2	6:31	5:58	
4	Wed	5:23	5.2	5:40	3.9	11:57	0.1	11:56	-0.6	6:30	5:59	
5	Thu	6:21	5.4	6:38	4.3			12:52	-0.3	6:28	6:00	
6	Fri	7:14	5.6	7:31	4.8	12:56	-0.9	1:41	-0.6	6:27	6:01	
7	Sat	8:04	5.6	8:23	5.1	1:52	-1.2	2:27	-0.9	6:26	6:02	
8	Sun	8:52	5.4	9:12	5.4	2:44	-1.3	3:11	-1.0	6:24	6:03	
9	Mon	9:39	5.1	10:00	5.4	3:35	-1.2	3:54	-0.9	6:23	6:04	
10	Tue	10:24	4.7	10:48	5.3	4:26	-0.9	4:38	-0.7	6:21	6:05	
11	Wed	11:09	4.3	11:35	5.1	5:17	-0.6	5:23	-0.4	6:20	6:06	
12	Thu	11:55	3.8			6:10	-0.2	6:10	-0.1	6:18	6:07	
13	Fri	12:25	4.8	12:44	3.4	7:06	0.2	7:01	0.2	6:17	6:08	
14	Sat	1:19	4.4	1:37	3.1	8:05	0.6	7:56	0.5	6:15	6:09	
15	Sun	2:21	4.1	2:39	2.9	9:08	0.9	8:56	0.6	6:14	6:10	
16	Mon	3:30	4.0	3:45	2.9	10:15	1.0	9:57	0.6	6:12	6:10	
17	Tue	4:36	4.0	4:46	3.1	11:16	1.0	10:57	0.5	6:11	6:11	
18	Wed	5:30	4.2	5:37	3.4			12:04	0.8	6:09	6:12	
19	Thu	6:14	4.3	6:21	3.7			12:41	0.7	6:08	6:13	
20	Fri	6:53	4.5	7:02	4.1	12:38	0.2	1:15	0.5	6:06	6:14	
21	Sat	7:30	4.6	7:41	4.4	1:20	0.0	1:47	0.3	6:05	6:15	
22	Sun	8:07	4.6	8:20	4.7	2:00	-0.1	2:20	0.2	6:03	6:16	
23	Mon	8:44	4.6	8:58	5.0	2:39	-0.2	2:53	0.1	6:02	6:17	
24	Tue	9:21	4.5	9:37	5.1	3:19	-0.2	3:27	0.0	6:00	6:18	
25	Wed	9:59	4.4	10:17	5.2	4:00	-0.1	4:04	0.1	5:59	6:19	
26	Thu	10:38	4.2	10:59	5.2	4:43	0.0	4:43	0.1	5:57	6:20	
27	Fri	11:20	3.9	11:46	5.1	5:31	0.2	5:27	0.2	5:56	6:21	
28	Sat			12:06	3.7	6:24	0.4	6:18	0.3	5:54	6:21	
29	Sun	12:39	5.0	1:01	3.5	7:23	0.6	7:17	0.4	5:53	6:22	
30	Mon	1:41	4.9	2:05	3.4	8:26	0.6	8:23	0.3	5:51	6:23	
31	Tue	2:50	4.9	3:16	3.6	9:31	0.6	9:31	0.2	5:50	6:24	