

Upshur Neck, VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:30	3.5	8:04	5.3	2:05	0.4	1:37	0.1	5:45	8:28	
2	Thu	8:17	3.6	8:49	5.4	2:51	0.3	2:24	0.0	5:46	8:28	
3	Fri	9:01	3.6	9:32	5.3	3:33	0.3	3:08	0.0	5:46	8:28	
4	Sat	9:45	3.7	10:14	5.3	4:11	0.3	3:50	0.1	5:47	8:27	
5	Sun	10:28	3.8	10:55	5.2	4:49	0.4	4:31	0.1	5:47	8:27	
6	Mon	11:10	3.9	11:34	5.1	5:26	0.4	5:13	0.3	5:48	8:27	
7	Tue	11:52	3.9			6:03	0.5	5:56	0.5	5:48	8:27	
8	Wed	12:13	4.9	12:34	4.0	6:41	0.6	6:41	0.7	5:49	8:26	
9	Thu	12:52	4.6	1:17	4.1	7:19	0.7	7:29	0.9	5:49	8:26	
10	Fri	1:32	4.3	2:03	4.2	7:58	0.7	8:21	1.0	5:50	8:26	
11	Sat	2:16	4.1	2:52	4.3	8:39	0.8	9:15	1.1	5:51	8:25	
12	Sun	3:05	3.8	3:46	4.5	9:24	0.7	10:12	1.1	5:51	8:25	
13	Mon	3:59	3.7	4:42	4.8	10:12	0.7	11:12	1.0	5:52	8:25	
14	Tue	4:57	3.6	5:39	5.2	11:05	0.5			5:53	8:24	
15	Wed	5:55	3.7	6:34	5.5	12:13	0.8	12:02	0.3	5:53	8:24	
16	Thu	6:51	3.9	7:28	5.9	1:12	0.6	12:59	0.0	5:54	8:23	
17	Fri	7:45	4.1	8:22	6.2	2:07	0.3	1:55	-0.3	5:55	8:23	
18	Sat	8:39	4.3	9:14	6.4	2:59	0.0	2:49	-0.5	5:56	8:22	
19	Sun	9:33	4.6	10:06	6.4	3:49	-0.2	3:43	-0.7	5:56	8:22	
20	Mon	10:26	4.8	10:57	6.2	4:37	-0.4	4:37	-0.7	5:57	8:21	
21	Tue	11:20	5.0	11:46	5.9	5:26	-0.5	5:32	-0.6	5:58	8:20	
22	Wed			12:13	5.1	6:14	-0.5	6:30	-0.4	5:59	8:20	
23	Thu	12:36	5.4	1:07	5.1	7:03	-0.4	7:30	-0.1	5:59	8:19	
24	Fri	1:26	4.9	2:03	5.1	7:54	-0.2	8:33	0.2	6:00	8:18	
25	Sat	2:20	4.3	3:03	5.0	8:45	0.0	9:38	0.5	6:01	8:17	
26	Sun	3:18	3.8	4:06	5.0	9:38	0.2	10:45	0.7	6:02	8:17	
27	Mon	4:20	3.5	5:10	4.9	10:33	0.3	11:54	0.8	6:03	8:16	
28	Tue	5:23	3.4	6:10	5.0	11:30	0.4			6:03	8:15	
29	Wed	6:21	3.4	7:03	5.0	12:59	0.8	12:26	0.4	6:04	8:14	
30	Thu	7:12	3.5	7:49	5.1	1:52	0.7	1:19	0.3	6:05	8:13	
31	Fri	7:57	3.6	8:32	5.2	2:36	0.6	2:07	0.2	6:06	8:12	