

Upshur Neck, VA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:40	3.8	9:12	5.3	3:12	0.6	2:50	0.2	6:07	8:11	
2	Sun	9:21	4.0	9:50	5.3	3:46	0.5	3:30	0.2	6:07	8:10	
3	Mon	10:02	4.1	10:27	5.2	4:18	0.5	4:09	0.2	6:08	8:09	
4	Tue	10:42	4.3	11:04	5.1	4:51	0.5	4:49	0.3	6:09	8:08	
5	Wed	11:21	4.4	11:40	4.9	5:24	0.5	5:29	0.5	6:10	8:07	
6	Thu			12:00	4.5	5:58	0.6	6:12	0.7	6:11	8:06	
7	Fri	12:17	4.6	12:40	4.6	6:34	0.7	6:57	0.9	6:12	8:05	
8	Sat	12:54	4.3	1:23	4.6	7:12	0.7	7:47	1.0	6:13	8:04	
9	Sun	1:35	4.1	2:10	4.7	7:54	0.8	8:41	1.2	6:13	8:03	
10	Mon	2:23	3.8	3:05	4.8	8:41	0.8	9:40	1.2	6:14	8:02	
11	Tue	3:20	3.7	4:07	5.0	9:35	0.8	10:43	1.1	6:15	8:01	
12	Wed	4:23	3.6	5:11	5.3	10:34	0.6	11:47	1.0	6:16	7:59	
13	Thu	5:28	3.8	6:12	5.6	11:37	0.4			6:17	7:58	
14	Fri	6:28	4.0	7:09	6.0	12:49	0.7	12:39	0.0	6:18	7:57	
15	Sat	7:26	4.4	8:03	6.2	1:45	0.3	1:39	-0.3	6:18	7:56	
16	Sun	8:21	4.8	8:55	6.4	2:37	0.0	2:35	-0.6	6:19	7:55	
17	Mon	9:14	5.1	9:45	6.3	3:25	-0.3	3:30	-0.8	6:20	7:53	
18	Tue	10:07	5.4	10:34	6.1	4:11	-0.5	4:23	-0.8	6:21	7:52	
19	Wed	10:58	5.6	11:23	5.7	4:57	-0.6	5:17	-0.6	6:22	7:51	
20	Thu	11:49	5.7			5:43	-0.5	6:13	-0.3	6:23	7:49	
21	Fri	12:11	5.2	12:41	5.6	6:30	-0.3	7:11	0.0	6:24	7:48	
22	Sat	1:00	4.6	1:34	5.4	7:19	-0.1	8:12	0.4	6:24	7:47	
23	Sun	1:52	4.1	2:32	5.2	8:12	0.2	9:16	0.7	6:25	7:45	
24	Mon	2:49	3.7	3:36	5.0	9:07	0.5	10:24	1.0	6:26	7:44	
25	Tue	3:53	3.4	4:45	4.8	10:06	0.7	11:35	1.1	6:27	7:43	
26	Wed	5:01	3.4	5:51	4.8	11:07	0.8			6:28	7:41	
27	Thu	6:03	3.5	6:45	4.9	12:40	1.1	12:07	0.7	6:29	7:40	
28	Fri	6:53	3.7	7:29	5.0	1:30	1.0	1:01	0.6	6:29	7:38	
29	Sat	7:36	3.9	8:08	5.1	2:09	0.9	1:47	0.5	6:30	7:37	
30	Sun	8:16	4.2	8:45	5.2	2:41	0.8	2:29	0.4	6:31	7:36	
31	Mon	8:55	4.5	9:21	5.2	3:11	0.6	3:09	0.3	6:32	7:34	