

Upshur Neck, VA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:43	4.2			5:50	0.3	5:46	0.3	5:43	8:18	
2	Wed	12:04	5.4	12:28	4.2	6:36	0.3	6:36	0.4	5:43	8:19	
3	Thu	12:49	5.3	1:17	4.3	7:24	0.3	7:31	0.5	5:42	8:19	
4	Fri	1:38	5.1	2:12	4.4	8:14	0.2	8:30	0.5	5:42	8:20	
5	Sat	2:32	4.9	3:10	4.6	9:06	0.2	9:32	0.4	5:42	8:21	
6	Sun	3:31	4.7	4:12	4.9	10:00	0.0	10:36	0.3	5:42	8:21	
7	Mon	4:32	4.5	5:13	5.3	10:54	-0.1	11:40	0.2	5:41	8:22	
8	Tue	5:32	4.5	6:11	5.6	11:50	-0.3			5:41	8:22	
9	Wed	6:31	4.4	7:07	5.9	12:43	-0.1	12:46	-0.5	5:41	8:23	
10	Thu	7:27	4.4	8:01	6.1	1:43	-0.3	1:41	-0.7	5:41	8:23	
11	Fri	8:21	4.5	8:54	6.2	2:39	-0.5	2:35	-0.8	5:41	8:24	
12	Sat	9:15	4.5	9:45	6.2	3:31	-0.6	3:26	-0.8	5:41	8:24	
13	Sun	10:07	4.4	10:35	6.0	4:21	-0.6	4:17	-0.7	5:41	8:25	
14	Mon	10:58	4.4	11:24	5.7	5:10	-0.5	5:07	-0.5	5:41	8:25	
15	Tue	11:47	4.3			5:58	-0.3	5:58	-0.2	5:41	8:25	
16	Wed	12:11	5.3	12:37	4.2	6:47	-0.1	6:50	0.1	5:41	8:26	
17	Thu	12:58	4.9	1:27	4.1	7:34	0.1	7:44	0.4	5:41	8:26	
18	Fri	1:45	4.5	2:18	4.1	8:21	0.3	8:39	0.7	5:41	8:26	
19	Sat	2:34	4.2	3:12	4.1	9:07	0.5	9:35	0.9	5:41	8:27	
20	Sun	3:26	3.9	4:07	4.2	9:53	0.6	10:31	1.0	5:42	8:27	
21	Mon	4:20	3.7	5:01	4.4	10:38	0.6	11:26	1.0	5:42	8:27	
22	Tue	5:13	3.7	5:51	4.6	11:25	0.6			5:42	8:27	
23	Wed	6:03	3.7	6:38	4.9	12:20	0.9	12:12	0.5	5:42	8:27	
24	Thu	6:51	3.8	7:23	5.1	1:10	0.8	12:59	0.4	5:43	8:28	
25	Fri	7:37	3.9	8:06	5.3	1:55	0.6	1:44	0.3	5:43	8:28	
26	Sat	8:22	4.1	8:50	5.5	2:38	0.5	2:29	0.1	5:43	8:28	
27	Sun	9:06	4.2	9:33	5.7	3:20	0.3	3:12	0.0	5:44	8:28	
28	Mon	9:51	4.3	10:16	5.8	4:02	0.2	3:56	0.0	5:44	8:28	
29	Tue	10:36	4.4	10:59	5.7	4:44	0.1	4:41	0.0	5:45	8:28	
30	Wed	11:21	4.5	11:43	5.6	5:27	0.0	5:28	0.0	5:45	8:28	