

Upshur Neck, VA - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:30	4.3	3:14	5.4	8:53	0.2	9:53	0.6	6:33	7:32	
2	Thu	3:36	4.0	4:23	5.2	9:55	0.3	11:01	0.7	6:34	7:30	
3	Fri	4:45	4.0	5:30	5.2	11:00	0.3			6:35	7:29	
4	Sat	5:51	4.1	6:29	5.3	12:06	0.6	12:03	0.3	6:36	7:27	
5	Sun	6:47	4.3	7:20	5.3	1:03	0.5	1:01	0.2	6:37	7:26	
6	Mon	7:36	4.5	8:04	5.3	1:51	0.3	1:53	0.1	6:37	7:24	
7	Tue	8:20	4.7	8:45	5.3	2:32	0.2	2:39	0.0	6:38	7:23	
8	Wed	9:01	4.9	9:24	5.2	3:10	0.2	3:22	0.0	6:39	7:21	
9	Thu	9:42	5.1	10:02	5.1	3:45	0.2	4:02	0.1	6:40	7:20	
10	Fri	10:21	5.2	10:41	4.9	4:19	0.2	4:41	0.2	6:41	7:18	
11	Sat	11:01	5.2	11:20	4.7	4:55	0.3	5:21	0.4	6:42	7:17	
12	Sun	11:41	5.1	11:59	4.5	5:31	0.5	6:03	0.7	6:42	7:15	
13	Mon			12:23	5.0	6:10	0.7	6:47	0.9	6:43	7:14	
14	Tue	12:40	4.3	1:07	4.9	6:51	0.9	7:35	1.2	6:44	7:12	
15	Wed	1:24	4.0	1:55	4.8	7:37	1.0	8:27	1.4	6:45	7:11	
16	Thu	2:13	3.9	2:49	4.8	8:28	1.1	9:22	1.4	6:46	7:09	
17	Fri	3:09	3.8	3:48	4.8	9:23	1.2	10:18	1.4	6:47	7:08	
18	Sat	4:09	3.9	4:47	5.0	10:21	1.0	11:14	1.2	6:47	7:06	
19	Sun	5:09	4.2	5:43	5.3	11:19	0.8			6:48	7:04	
20	Mon	6:04	4.6	6:34	5.5	12:08	0.9	12:17	0.5	6:49	7:03	
21	Tue	6:56	5.1	7:23	5.8	12:58	0.5	1:12	0.2	6:50	7:01	
22	Wed	7:45	5.5	8:12	5.9	1:46	0.2	2:06	-0.2	6:51	7:00	
23	Thu	8:35	6.0	9:00	6.0	2:33	-0.2	2:57	-0.4	6:52	6:58	
24	Fri	9:24	6.3	9:48	5.9	3:18	-0.4	3:48	-0.6	6:52	6:57	
25	Sat	10:14	6.5	10:37	5.6	4:05	-0.6	4:40	-0.5	6:53	6:55	
26	Sun	11:05	6.5	11:27	5.3	4:52	-0.6	5:33	-0.4	6:54	6:54	
27	Mon	11:57	6.4			5:42	-0.4	6:29	-0.1	6:55	6:52	
28	Tue	12:19	5.0	12:52	6.1	6:35	-0.2	7:29	0.2	6:56	6:51	
29	Wed	1:14	4.6	1:51	5.7	7:33	0.1	8:32	0.5	6:57	6:49	
30	Thu	2:14	4.2	2:54	5.4	8:35	0.3	9:37	0.6	6:58	6:48	