

Upshur Neck, VA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:21	4.1	4:03	5.1	9:40	0.5	10:43	0.7	6:58	6:46	
2	Sat	4:33	4.0	5:11	5.0	10:46	0.6	11:44	0.7	6:59	6:44	
3	Sun	5:39	4.2	6:09	4.9	11:50	0.5			7:00	6:43	
4	Mon	6:33	4.4	6:57	4.9	12:38	0.6	12:48	0.5	7:01	6:42	
5	Tue	7:17	4.7	7:38	4.9	1:22	0.5	1:38	0.4	7:02	6:40	
6	Wed	7:57	5.0	8:17	4.9	2:01	0.4	2:22	0.3	7:03	6:39	
7	Thu	8:36	5.2	8:55	4.9	2:36	0.3	3:01	0.3	7:04	6:37	
8	Fri	9:14	5.3	9:33	4.8	3:10	0.3	3:39	0.3	7:05	6:36	
9	Sat	9:53	5.4	10:11	4.7	3:45	0.3	4:17	0.4	7:06	6:34	
10	Sun	10:32	5.4	10:50	4.6	4:20	0.4	4:55	0.5	7:06	6:33	
11	Mon	11:12	5.4	11:29	4.4	4:56	0.5	5:36	0.7	7:07	6:31	
12	Tue	11:52	5.3			5:34	0.7	6:18	0.9	7:08	6:30	
13	Wed	12:10	4.2	12:35	5.1	6:15	0.9	7:05	1.1	7:09	6:28	
14	Thu	12:53	4.1	1:21	5.0	7:01	1.0	7:55	1.2	7:10	6:27	
15	Fri	1:41	4.0	2:12	4.9	7:53	1.1	8:48	1.3	7:11	6:26	
16	Sat	2:36	3.9	3:08	4.9	8:50	1.1	9:42	1.2	7:12	6:24	
17	Sun	3:36	4.1	4:08	5.0	9:49	1.0	10:37	1.0	7:13	6:23	
18	Mon	4:37	4.4	5:06	5.1	10:50	0.8	11:31	0.7	7:14	6:22	
19	Tue	5:35	4.8	6:01	5.3	11:51	0.5			7:15	6:20	
20	Wed	6:29	5.4	6:53	5.5	12:23	0.3	12:50	0.2	7:16	6:19	
21	Thu	7:21	5.9	7:44	5.6	1:13	-0.1	1:46	-0.2	7:17	6:18	
22	Fri	8:12	6.3	8:34	5.6	2:03	-0.4	2:40	-0.5	7:18	6:16	
23	Sat	9:02	6.6	9:25	5.5	2:51	-0.7	3:32	-0.6	7:19	6:15	
24	Sun	9:54	6.7	10:16	5.3	3:39	-0.8	4:24	-0.6	7:20	6:14	
25	Mon	10:46	6.7	11:08	5.0	4:29	-0.8	5:18	-0.5	7:21	6:13	
26	Tue	11:39	6.4			5:20	-0.6	6:13	-0.2	7:22	6:11	
27	Wed	12:01	4.7	12:33	6.1	6:14	-0.3	7:11	0.0	7:23	6:10	
28	Thu	12:57	4.4	1:30	5.6	7:13	0.0	8:12	0.3	7:24	6:09	
29	Fri	1:56	4.2	2:30	5.2	8:15	0.3	9:14	0.5	7:25	6:08	
30	Sat	3:01	4.0	3:34	4.8	9:19	0.5	10:14	0.6	7:26	6:07	
31	Sun	3:10	4.0	3:38	4.6	9:25	0.7	10:10	0.6	6:27	5:06	