

Upshur Neck, VA - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:31	4.2	4:42	3.8	10:54	0.7	11:00	0.4	6:59	4:45	
2	Thu	5:18	4.4	5:29	3.8	11:47	0.6	11:43	0.3	7:00	4:45	
3	Fri	6:01	4.7	6:12	3.8			12:33	0.5	7:01	4:45	
4	Sat	6:42	4.9	6:54	3.9	12:25	0.2	1:14	0.4	7:02	4:45	
5	Sun	7:22	5.1	7:35	4.0	1:05	0.1	1:53	0.3	7:02	4:45	
6	Mon	8:03	5.2	8:17	4.0	1:44	0.0	2:32	0.3	7:03	4:45	
7	Tue	8:43	5.3	8:58	4.0	2:23	0.0	3:10	0.2	7:04	4:45	
8	Wed	9:24	5.4	9:39	4.0	3:02	0.0	3:50	0.2	7:05	4:45	
9	Thu	10:04	5.3	10:21	4.0	3:43	0.1	4:31	0.3	7:06	4:45	
10	Fri	10:45	5.2	11:05	4.0	4:25	0.1	5:14	0.3	7:07	4:45	
11	Sat	11:28	5.1	11:51	4.1	5:11	0.2	5:59	0.3	7:07	4:45	
12	Sun			12:13	4.9	6:02	0.3	6:47	0.3	7:08	4:45	
13	Mon	12:42	4.1	1:03	4.7	6:58	0.4	7:37	0.2	7:09	4:45	
14	Tue	1:38	4.3	1:58	4.5	7:59	0.4	8:30	0.1	7:10	4:46	
15	Wed	2:39	4.5	2:58	4.3	9:02	0.4	9:24	-0.1	7:10	4:46	
16	Thu	3:41	4.9	4:00	4.3	10:06	0.2	10:20	-0.4	7:11	4:46	
17	Fri	4:41	5.2	4:59	4.3	11:10	0.0	11:17	-0.6	7:12	4:47	
18	Sat	5:39	5.6	5:57	4.3			12:12	-0.3	7:12	4:47	
19	Sun	6:35	5.9	6:52	4.4	12:13	-0.9	1:10	-0.6	7:13	4:47	
20	Mon	7:28	6.1	7:46	4.4	1:08	-1.1	2:04	-0.7	7:13	4:48	
21	Tue	8:21	6.1	8:39	4.4	2:01	-1.2	2:55	-0.8	7:14	4:48	
22	Wed	9:12	6.0	9:31	4.4	2:52	-1.2	3:45	-0.8	7:14	4:49	
23	Thu	10:02	5.7	10:22	4.3	3:43	-1.1	4:34	-0.7	7:15	4:49	
24	Fri	10:50	5.4	11:12	4.2	4:34	-0.8	5:23	-0.5	7:15	4:50	
25	Sat	11:38	5.0			5:27	-0.5	6:12	-0.3	7:15	4:51	
26	Sun	12:03	4.0	12:25	4.5	6:21	-0.1	7:00	-0.1	7:16	4:51	
27	Mon	12:55	3.9	1:14	4.1	7:17	0.2	7:49	0.1	7:16	4:52	
28	Tue	1:50	3.8	2:06	3.7	8:14	0.5	8:37	0.2	7:16	4:53	
29	Wed	2:47	3.8	3:01	3.4	9:12	0.6	9:24	0.3	7:17	4:53	
30	Thu	3:45	3.9	3:56	3.3	10:10	0.7	10:13	0.3	7:17	4:54	
31	Fri	4:39	4.1	4:48	3.3	11:07	0.7			7:17	4:55	