

Upshur Neck, VA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:47	4.0	1:06	4.3	7:04	0.4	7:37	0.2	7:17	4:55	
2	Mon	1:41	4.1	1:59	4.2	8:01	0.5	8:28	0.1	7:17	4:56	
3	Tue	2:40	4.3	2:58	4.1	9:02	0.4	9:22	-0.1	7:18	4:57	
4	Wed	3:41	4.7	3:59	4.0	10:06	0.2	10:19	-0.3	7:18	4:58	
5	Thu	4:41	5.1	4:59	4.1	11:09	0.0	11:16	-0.6	7:18	4:59	
6	Fri	5:39	5.5	5:57	4.2			12:10	-0.3	7:18	5:00	
7	Sat	6:34	5.8	6:53	4.4	12:14	-0.9	1:08	-0.6	7:18	5:00	
8	Sun	7:29	6.0	7:48	4.5	1:09	-1.2	2:02	-0.9	7:18	5:01	
9	Mon	8:22	6.1	8:42	4.6	2:03	-1.4	2:54	-1.1	7:17	5:02	
10	Tue	9:15	6.0	9:35	4.6	2:56	-1.4	3:45	-1.1	7:17	5:03	
11	Wed	10:06	5.8	10:28	4.5	3:49	-1.4	4:35	-1.0	7:17	5:04	
12	Thu	10:55	5.4	11:20	4.4	4:42	-1.1	5:25	-0.9	7:17	5:05	
13	Fri	11:44	5.0			5:37	-0.8	6:16	-0.7	7:17	5:06	
14	Sat	12:12	4.3	12:34	4.5	6:33	-0.4	7:07	-0.4	7:16	5:07	
15	Sun	1:07	4.1	1:26	4.0	7:32	-0.1	7:58	-0.2	7:16	5:08	
16	Mon	2:04	4.0	2:20	3.6	8:32	0.2	8:49	0.0	7:16	5:09	
17	Tue	3:05	3.9	3:18	3.3	9:33	0.4	9:41	0.1	7:15	5:10	
18	Wed	4:05	4.0	4:15	3.2	10:35	0.5	10:32	0.1	7:15	5:11	
19	Thu	5:00	4.1	5:07	3.2	11:33	0.5	11:22	0.1	7:15	5:12	
20	Fri	5:48	4.3	5:55	3.3			12:23	0.4	7:14	5:13	
21	Sat	6:32	4.5	6:40	3.5	12:09	0.0	1:06	0.3	7:14	5:15	
22	Sun	7:13	4.7	7:23	3.7	12:53	-0.2	1:44	0.2	7:13	5:16	
23	Mon	7:54	4.8	8:05	3.8	1:35	-0.3	2:21	0.1	7:13	5:17	
24	Tue	8:34	5.0	8:46	4.0	2:15	-0.4	2:57	0.0	7:12	5:18	
25	Wed	9:13	5.0	9:27	4.1	2:55	-0.4	3:34	-0.1	7:11	5:19	
26	Thu	9:52	5.0	10:08	4.1	3:35	-0.3	4:12	-0.1	7:11	5:20	
27	Fri	10:30	4.9	10:49	4.2	4:16	-0.3	4:51	-0.1	7:10	5:21	
28	Sat	11:10	4.7	11:32	4.3	5:00	-0.1	5:32	-0.1	7:09	5:22	
29	Sun	11:51	4.5			5:48	0.0	6:16	-0.1	7:09	5:23	
30	Mon	12:18	4.3	12:37	4.3	6:40	0.1	7:05	-0.1	7:08	5:24	
31	Tue	1:11	4.4	1:30	4.0	7:38	0.2	7:57	-0.1	7:07	5:25	