

Upshur Neck, VA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:47	4.8	1:09	4.0	7:20	0.1	7:33	-0.1	6:34	5:56	
2	Thu	1:47	4.8	2:10	3.8	8:22	0.2	8:33	-0.1	6:33	5:57	
3	Fri	2:52	4.8	3:16	3.7	9:27	0.2	9:36	-0.2	6:31	5:58	
4	Sat	4:00	4.9	4:23	3.9	10:33	0.1	10:41	-0.4	6:30	5:59	
5	Sun	5:04	5.0	5:26	4.1	11:36	-0.1	11:44	-0.6	6:28	6:00	
6	Mon	6:03	5.2	6:23	4.4			12:34	-0.4	6:27	6:01	
7	Tue	6:57	5.3	7:16	4.7	12:43	-0.9	1:25	-0.6	6:26	6:02	
8	Wed	7:48	5.3	8:06	4.9	1:38	-1.1	2:12	-0.8	6:24	6:03	
9	Thu	8:36	5.3	8:54	5.0	2:28	-1.1	2:57	-0.9	6:23	6:04	
10	Fri	9:21	5.1	9:40	5.1	3:16	-1.1	3:39	-0.8	6:21	6:05	
11	Sat	10:05	4.8	10:25	5.0	4:03	-0.9	4:22	-0.6	6:20	6:06	
12	Sun	10:48	4.5	11:09	4.8	4:50	-0.6	5:04	-0.4	6:18	6:07	
13	Mon	11:31	4.1	11:55	4.6	5:37	-0.3	5:48	-0.1	6:17	6:08	
14	Tue			12:15	3.8	6:26	0.1	6:34	0.2	6:15	6:09	
15	Wed	12:42	4.3	1:03	3.5	7:16	0.4	7:23	0.4	6:14	6:10	
16	Thu	1:34	4.1	1:56	3.3	8:10	0.7	8:15	0.6	6:12	6:11	
17	Fri	2:32	4.0	2:54	3.3	9:05	0.9	9:10	0.7	6:11	6:11	
18	Sat	3:33	4.0	3:53	3.4	10:01	0.9	10:06	0.6	6:09	6:12	
19	Sun	4:31	4.1	4:49	3.6	10:55	0.8	11:01	0.5	6:08	6:13	
20	Mon	5:22	4.3	5:38	3.9	11:45	0.7	11:53	0.3	6:06	6:14	
21	Tue	6:09	4.6	6:24	4.2			12:29	0.5	6:05	6:15	
22	Wed	6:52	4.8	7:07	4.6	12:40	0.1	1:10	0.2	6:03	6:16	
23	Thu	7:34	5.0	7:50	4.9	1:25	-0.2	1:50	0.0	6:02	6:17	
24	Fri	8:16	5.1	8:33	5.2	2:09	-0.4	2:30	-0.2	6:00	6:18	
25	Sat	8:58	5.1	9:16	5.4	2:53	-0.5	3:10	-0.3	5:59	6:19	
26	Sun	9:40	5.0	10:00	5.5	3:38	-0.5	3:52	-0.4	5:57	6:20	
27	Mon	10:24	4.8	10:47	5.5	4:25	-0.5	4:36	-0.3	5:56	6:21	
28	Tue	11:10	4.6	11:36	5.5	5:15	-0.3	5:24	-0.2	5:54	6:21	
29	Wed			12:00	4.4	6:09	-0.1	6:17	-0.1	5:53	6:22	
30	Thu	12:30	5.3	12:55	4.1	7:07	0.0	7:15	0.0	5:51	6:23	
31	Fri	1:29	5.1	1:57	3.9	8:09	0.2	8:18	0.0	5:50	6:24	