

Upshur Neck, VA - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:58	4.1	6:34	4.9	12:06	0.3	12:16	0.0	5:43	8:18	
2	Fri	6:49	4.0	7:20	5.0	1:05	0.2	1:04	0.0	5:43	8:18	
3	Sat	7:35	4.0	8:02	5.2	1:56	0.1	1:48	0.0	5:42	8:19	
4	Sun	8:18	4.0	8:44	5.3	2:40	0.1	2:30	-0.1	5:42	8:20	
5	Mon	9:01	4.0	9:25	5.3	3:21	0.0	3:10	0.0	5:42	8:20	
6	Tue	9:43	4.0	10:05	5.3	4:00	0.1	3:49	0.0	5:42	8:21	
7	Wed	10:25	4.0	10:46	5.3	4:38	0.1	4:28	0.1	5:42	8:21	
8	Thu	11:07	4.0	11:27	5.1	5:17	0.2	5:09	0.3	5:41	8:22	
9	Fri	11:49	4.0			5:57	0.4	5:51	0.5	5:41	8:22	
10	Sat	12:09	5.0	12:32	3.9	6:38	0.5	6:36	0.7	5:41	8:23	
11	Sun	12:50	4.8	1:16	3.9	7:21	0.6	7:24	0.8	5:41	8:23	
12	Mon	1:34	4.6	2:04	4.0	8:06	0.7	8:16	0.9	5:41	8:24	
13	Tue	2:21	4.5	2:56	4.1	8:52	0.7	9:10	0.9	5:41	8:24	
14	Wed	3:12	4.3	3:50	4.4	9:39	0.6	10:07	0.9	5:41	8:25	
15	Thu	4:07	4.3	4:46	4.7	10:29	0.4	11:06	0.7	5:41	8:25	
16	Fri	5:03	4.3	5:40	5.1	11:20	0.2			5:41	8:26	
17	Sat	5:58	4.4	6:33	5.6	12:05	0.5	12:13	0.0	5:41	8:26	
18	Sun	6:53	4.5	7:26	6.0	1:03	0.1	1:07	-0.3	5:41	8:26	
19	Mon	7:46	4.6	8:18	6.3	1:59	-0.2	2:00	-0.6	5:41	8:26	
20	Tue	8:40	4.8	9:11	6.5	2:53	-0.5	2:52	-0.8	5:42	8:27	
21	Wed	9:34	4.8	10:04	6.5	3:45	-0.7	3:45	-0.9	5:42	8:27	
22	Thu	10:28	4.9	10:57	6.4	4:37	-0.7	4:38	-0.9	5:42	8:27	
23	Fri	11:22	4.8	11:49	6.1	5:29	-0.7	5:33	-0.7	5:42	8:27	
24	Sat			12:17	4.8	6:22	-0.6	6:31	-0.5	5:43	8:27	
25	Sun	12:42	5.7	1:13	4.7	7:17	-0.5	7:31	-0.2	5:43	8:28	
26	Mon	1:36	5.2	2:11	4.6	8:11	-0.3	8:33	0.1	5:43	8:28	
27	Tue	2:31	4.7	3:13	4.5	9:06	-0.2	9:36	0.3	5:44	8:28	
28	Wed	3:30	4.3	4:16	4.6	9:59	0.0	10:41	0.5	5:44	8:28	
29	Thu	4:30	4.0	5:16	4.6	10:52	0.1	11:45	0.5	5:44	8:28	
30	Fri	5:28	3.8	6:09	4.8	11:44	0.2			5:45	8:28	