

Upshur Neck, VA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:20	3.7	6:56	4.9	12:44	0.5	12:33	0.2	5:45	8:28	
2	Sun	7:07	3.7	7:39	5.0	1:36	0.5	1:19	0.2	5:46	8:28	
3	Mon	7:52	3.8	8:21	5.2	2:20	0.4	2:03	0.1	5:46	8:28	
4	Tue	8:34	3.9	9:01	5.2	2:59	0.3	2:44	0.1	5:47	8:27	
5	Wed	9:17	4.0	9:42	5.3	3:36	0.3	3:24	0.1	5:47	8:27	
6	Thu	9:59	4.1	10:22	5.3	4:12	0.3	4:04	0.1	5:48	8:27	
7	Fri	10:40	4.1	11:02	5.2	4:49	0.3	4:44	0.2	5:48	8:27	
8	Sat	11:21	4.2	11:41	5.1	5:27	0.4	5:25	0.4	5:49	8:26	
9	Sun			12:03	4.2	6:06	0.4	6:08	0.5	5:50	8:26	
10	Mon	12:20	4.9	12:45	4.3	6:46	0.5	6:54	0.7	5:50	8:26	
11	Tue	1:01	4.8	1:30	4.3	7:29	0.5	7:44	0.8	5:51	8:25	
12	Wed	1:45	4.6	2:19	4.5	8:13	0.5	8:39	0.9	5:51	8:25	
13	Thu	2:34	4.4	3:13	4.7	9:01	0.5	9:36	0.8	5:52	8:25	
14	Fri	3:29	4.3	4:11	4.9	9:52	0.4	10:37	0.7	5:53	8:24	
15	Sat	4:28	4.2	5:10	5.3	10:47	0.2	11:39	0.5	5:53	8:24	
16	Sun	5:28	4.3	6:08	5.7	11:44	0.0			5:54	8:23	
17	Mon	6:27	4.4	7:04	6.0	12:40	0.2	12:42	-0.3	5:55	8:23	
18	Tue	7:24	4.6	7:59	6.3	1:39	-0.1	1:39	-0.6	5:56	8:22	
19	Wed	8:20	4.8	8:53	6.5	2:34	-0.4	2:35	-0.8	5:56	8:22	
20	Thu	9:15	5.0	9:46	6.5	3:26	-0.6	3:29	-1.0	5:57	8:21	
21	Fri	10:09	5.1	10:38	6.3	4:17	-0.8	4:23	-1.0	5:58	8:20	
22	Sat	11:03	5.1	11:29	6.0	5:07	-0.8	5:17	-0.8	5:59	8:20	
23	Sun	11:56	5.1			5:58	-0.7	6:12	-0.5	5:59	8:19	
24	Mon	12:20	5.6	12:49	5.0	6:49	-0.5	7:10	-0.2	6:00	8:18	
25	Tue	1:10	5.1	1:44	4.9	7:40	-0.3	8:09	0.1	6:01	8:17	
26	Wed	2:02	4.6	2:41	4.7	8:32	0.0	9:11	0.4	6:02	8:17	
27	Thu	2:57	4.1	3:41	4.6	9:24	0.2	10:13	0.7	6:03	8:16	
28	Fri	3:55	3.8	4:42	4.6	10:17	0.3	11:16	0.8	6:03	8:15	
29	Sat	4:55	3.6	5:39	4.7	11:10	0.4			6:04	8:14	
30	Sun	5:50	3.6	6:29	4.8	12:16	0.8	12:02	0.5	6:05	8:13	
31	Mon	6:40	3.7	7:14	4.9	1:09	0.8	12:51	0.4	6:06	8:12	