

Upshur Neck, VA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:23	6.0	10:47	4.6	4:05	-1.2	4:54	-0.9	7:17	4:55	
2	Tue	11:15	5.7	11:41	4.5	5:00	-1.0	5:48	-0.8	7:17	4:56	
3	Wed			12:08	5.2	5:58	-0.7	6:42	-0.7	7:18	4:57	
4	Thu	12:38	4.4	1:02	4.7	6:59	-0.4	7:37	-0.5	7:18	4:58	
5	Fri	1:39	4.3	2:00	4.2	8:02	-0.1	8:32	-0.4	7:18	4:58	
6	Sat	2:43	4.2	3:01	3.8	9:07	0.1	9:28	-0.3	7:18	4:59	
7	Sun	3:49	4.3	4:02	3.6	10:14	0.2	10:23	-0.2	7:18	5:00	
8	Mon	4:49	4.4	4:59	3.5	11:19	0.2	11:16	-0.2	7:18	5:01	
9	Tue	5:41	4.5	5:50	3.4			12:17	0.1	7:17	5:02	
10	Wed	6:28	4.6	6:36	3.5	12:05	-0.3	1:06	0.1	7:17	5:03	
11	Thu	7:10	4.8	7:19	3.6	12:51	-0.3	1:47	0.0	7:17	5:04	
12	Fri	7:51	4.8	8:01	3.6	1:33	-0.4	2:25	-0.1	7:17	5:05	
13	Sat	8:31	4.9	8:43	3.7	2:13	-0.4	3:01	-0.1	7:17	5:06	
14	Sun	9:11	4.9	9:24	3.8	2:52	-0.4	3:37	-0.1	7:17	5:07	
15	Mon	9:50	4.9	10:04	3.8	3:31	-0.3	4:14	0.0	7:16	5:08	
16	Tue	10:29	4.8	10:45	3.8	4:11	-0.2	4:51	0.1	7:16	5:09	
17	Wed	11:07	4.6	11:26	3.8	4:52	0.0	5:30	0.2	7:16	5:10	
18	Thu	11:46	4.4			5:36	0.2	6:11	0.2	7:15	5:11	
19	Fri	12:09	3.9	12:28	4.2	6:23	0.4	6:54	0.3	7:15	5:12	
20	Sat	12:56	3.9	1:13	4.0	7:14	0.5	7:40	0.3	7:14	5:13	
21	Sun	1:48	4.0	2:05	3.8	8:10	0.6	8:30	0.2	7:14	5:14	
22	Mon	2:45	4.2	3:03	3.7	9:09	0.5	9:23	0.1	7:13	5:15	
23	Tue	3:45	4.5	4:03	3.7	10:11	0.4	10:20	-0.2	7:13	5:16	
24	Wed	4:45	4.9	5:02	3.9	11:13	0.1	11:18	-0.5	7:12	5:17	
25	Thu	5:42	5.3	5:59	4.1			12:13	-0.2	7:11	5:19	
26	Fri	6:37	5.7	6:55	4.3	12:15	-0.8	1:09	-0.5	7:11	5:20	
27	Sat	7:30	5.9	7:49	4.5	1:11	-1.1	2:02	-0.9	7:10	5:21	
28	Sun	8:23	6.1	8:42	4.7	2:05	-1.4	2:52	-1.1	7:09	5:22	
29	Mon	9:15	6.0	9:35	4.8	2:58	-1.5	3:42	-1.2	7:09	5:23	
30	Tue	10:05	5.8	10:28	4.9	3:51	-1.5	4:32	-1.2	7:08	5:24	
31	Wed	10:55	5.4	11:20	4.8	4:45	-1.3	5:22	-1.0	7:07	5:25	