

Upshur Neck, VA - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:33	5.2	10:56	5.2	4:28	-1.2	4:53	-1.0	6:34	5:56	
2	Fri	11:21	4.7	11:47	4.9	5:21	-0.9	5:41	-0.7	6:33	5:57	
3	Sat			12:09	4.3	6:16	-0.5	6:32	-0.4	6:32	5:58	
4	Sun	12:39	4.6	1:00	3.8	7:13	-0.1	7:24	-0.1	6:30	5:59	
5	Mon	1:34	4.4	1:55	3.4	8:12	0.2	8:19	0.1	6:29	6:00	
6	Tue	2:35	4.1	2:56	3.2	9:14	0.5	9:16	0.3	6:27	6:01	
7	Wed	3:40	4.0	3:59	3.2	10:17	0.6	10:14	0.4	6:26	6:02	
8	Thu	4:41	4.1	4:56	3.3	11:16	0.6	11:10	0.3	6:24	6:03	
9	Fri	5:34	4.2	5:45	3.5			12:06	0.6	6:23	6:04	
10	Sat	6:19	4.4	6:29	3.8	12:01	0.2	12:48	0.4	6:22	6:05	
11	Sun	7:00	4.5	7:11	4.1	12:47	0.0	1:24	0.3	6:20	6:06	
12	Mon	7:39	4.7	7:51	4.3	1:28	-0.1	1:59	0.2	6:19	6:07	
13	Tue	8:17	4.8	8:31	4.5	2:08	-0.2	2:34	0.0	6:17	6:08	
14	Wed	8:56	4.8	9:10	4.7	2:47	-0.3	3:09	0.0	6:16	6:08	
15	Thu	9:33	4.8	9:49	4.8	3:26	-0.2	3:45	0.0	6:14	6:09	
16	Fri	10:11	4.7	10:29	4.9	4:06	-0.2	4:22	0.0	6:13	6:10	
17	Sat	10:50	4.5	11:10	4.9	4:48	0.0	5:02	0.1	6:11	6:11	
18	Sun	11:31	4.3	11:55	4.9	5:34	0.1	5:45	0.2	6:10	6:12	
19	Mon			12:17	4.1	6:25	0.3	6:34	0.2	6:08	6:13	
20	Tue	12:46	4.8	1:09	3.9	7:21	0.4	7:29	0.3	6:07	6:14	
21	Wed	1:44	4.8	2:10	3.8	8:21	0.4	8:30	0.2	6:05	6:15	
22	Thu	2:49	4.8	3:16	3.9	9:24	0.4	9:34	0.1	6:04	6:16	
23	Fri	3:55	5.0	4:21	4.1	10:27	0.2	10:38	-0.2	6:02	6:17	
24	Sat	4:58	5.2	5:23	4.4	11:28	-0.1	11:42	-0.5	6:01	6:18	
25	Sun	5:57	5.4	6:20	4.8			12:25	-0.4	5:59	6:19	
26	Mon	6:51	5.5	7:13	5.2	12:42	-0.8	1:17	-0.7	5:58	6:19	
27	Tue	7:43	5.5	8:05	5.5	1:37	-1.1	2:05	-0.9	5:56	6:20	
28	Wed	8:33	5.4	8:55	5.6	2:30	-1.2	2:51	-1.0	5:55	6:21	
29	Thu	9:21	5.2	9:43	5.6	3:20	-1.2	3:37	-0.9	5:53	6:22	
30	Fri	10:08	4.9	10:31	5.5	4:10	-1.0	4:22	-0.7	5:52	6:23	
31	Sat	10:55	4.5	11:18	5.2	5:00	-0.7	5:09	-0.4	5:50	6:24	