

Upshur Neck, VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:49	4.4	2:20	4.0	8:18	0.7	8:35	1.0	5:45	8:28	
2	Mon	2:36	4.2	3:12	4.2	9:03	0.7	9:28	1.0	5:46	8:28	
3	Tue	3:27	4.1	4:06	4.4	9:49	0.7	10:24	1.0	5:46	8:28	
4	Wed	4:21	4.0	5:00	4.7	10:37	0.6	11:21	0.9	5:47	8:27	
5	Thu	5:15	4.0	5:52	5.1	11:28	0.4			5:47	8:27	
6	Fri	6:08	4.1	6:43	5.5	12:18	0.7	12:20	0.2	5:48	8:27	
7	Sat	7:01	4.3	7:33	5.8	1:13	0.4	1:12	-0.1	5:48	8:27	
8	Sun	7:52	4.5	8:24	6.1	2:06	0.1	2:04	-0.3	5:49	8:27	
9	Mon	8:44	4.7	9:14	6.4	2:57	-0.2	2:55	-0.6	5:49	8:26	
10	Tue	9:36	4.8	10:05	6.4	3:47	-0.4	3:47	-0.7	5:50	8:26	
11	Wed	10:28	4.9	10:56	6.3	4:36	-0.6	4:39	-0.7	5:51	8:26	
12	Thu	11:21	5.0	11:47	6.1	5:27	-0.6	5:33	-0.6	5:51	8:25	
13	Fri			12:15	5.0	6:18	-0.6	6:30	-0.4	5:52	8:25	
14	Sat	12:39	5.7	1:10	5.0	7:11	-0.5	7:30	-0.2	5:53	8:24	
15	Sun	1:32	5.2	2:08	4.9	8:04	-0.3	8:32	0.1	5:53	8:24	
16	Mon	2:28	4.7	3:09	4.9	8:59	-0.2	9:36	0.3	5:54	8:23	
17	Tue	3:27	4.3	4:13	4.9	9:54	-0.1	10:42	0.4	5:55	8:23	
18	Wed	4:30	4.0	5:16	4.9	10:50	0.0	11:48	0.4	5:55	8:22	
19	Thu	5:30	3.8	6:13	5.0	11:45	0.1			5:56	8:22	
20	Fri	6:26	3.8	7:04	5.1	12:50	0.4	12:38	0.1	5:57	8:21	
21	Sat	7:16	3.8	7:50	5.2	1:44	0.3	1:29	0.0	5:58	8:20	
22	Sun	8:02	3.9	8:32	5.3	2:30	0.3	2:15	0.0	5:58	8:20	
23	Mon	8:46	4.0	9:14	5.3	3:10	0.2	2:57	0.0	5:59	8:19	
24	Tue	9:28	4.1	9:54	5.3	3:47	0.2	3:38	0.0	6:00	8:18	
25	Wed	10:10	4.2	10:34	5.3	4:24	0.2	4:18	0.1	6:01	8:18	
26	Thu	10:51	4.3	11:13	5.1	5:00	0.3	4:58	0.2	6:02	8:17	
27	Fri	11:32	4.3	11:52	5.0	5:37	0.4	5:40	0.4	6:02	8:16	
28	Sat			12:14	4.4	6:15	0.5	6:23	0.6	6:03	8:15	
29	Sun	12:31	4.8	12:56	4.4	6:54	0.6	7:09	0.8	6:04	8:14	
30	Mon	1:12	4.5	1:41	4.4	7:36	0.7	7:59	1.0	6:05	8:13	
31	Tue	1:56	4.3	2:30	4.5	8:20	0.7	8:52	1.1	6:06	8:12	