

Upshur Neck, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:44	4.1	3:24	4.6	9:07	0.7	9:48	1.1	6:07	8:11	
2	Thu	3:39	4.0	4:21	4.9	9:58	0.6	10:47	1.0	6:07	8:11	
3	Fri	4:38	4.0	5:19	5.2	10:52	0.5	11:47	0.8	6:08	8:10	
4	Sat	5:37	4.2	6:15	5.6	11:49	0.2			6:09	8:09	
5	Sun	6:33	4.4	7:09	6.0	12:46	0.5	12:47	-0.1	6:10	8:07	
6	Mon	7:28	4.7	8:02	6.3	1:42	0.1	1:43	-0.4	6:11	8:06	
7	Tue	8:22	4.9	8:54	6.4	2:34	-0.2	2:37	-0.7	6:12	8:05	
8	Wed	9:15	5.2	9:46	6.5	3:25	-0.5	3:30	-0.8	6:12	8:04	
9	Thu	10:08	5.4	10:37	6.3	4:14	-0.7	4:24	-0.9	6:13	8:03	
10	Fri	11:01	5.5	11:27	6.0	5:03	-0.7	5:18	-0.8	6:14	8:02	
11	Sat	11:54	5.5			5:52	-0.7	6:14	-0.5	6:15	8:01	
12	Sun	12:18	5.6	12:48	5.4	6:43	-0.5	7:12	-0.2	6:16	8:00	
13	Mon	1:09	5.1	1:43	5.3	7:36	-0.3	8:13	0.1	6:17	7:58	
14	Tue	2:04	4.6	2:43	5.1	8:30	0.0	9:17	0.4	6:18	7:57	
15	Wed	3:02	4.2	3:46	4.9	9:26	0.2	10:22	0.6	6:18	7:56	
16	Thu	4:05	3.9	4:52	4.9	10:23	0.3	11:29	0.7	6:19	7:55	
17	Fri	5:09	3.7	5:52	4.9	11:21	0.4			6:20	7:54	
18	Sat	6:07	3.8	6:44	5.0	12:31	0.7	12:17	0.4	6:21	7:52	
19	Sun	6:57	3.9	7:29	5.1	1:24	0.7	1:08	0.4	6:22	7:51	
20	Mon	7:41	4.0	8:10	5.2	2:07	0.6	1:54	0.3	6:23	7:50	
21	Tue	8:22	4.2	8:49	5.3	2:44	0.5	2:36	0.2	6:23	7:48	
22	Wed	9:03	4.4	9:28	5.3	3:18	0.4	3:16	0.2	6:24	7:47	
23	Thu	9:43	4.6	10:06	5.3	3:52	0.4	3:55	0.2	6:25	7:46	
24	Fri	10:23	4.7	10:44	5.2	4:26	0.4	4:33	0.3	6:26	7:44	
25	Sat	11:02	4.8	11:21	5.0	5:01	0.4	5:13	0.4	6:27	7:43	
26	Sun	11:42	4.9	11:59	4.8	5:37	0.5	5:55	0.6	6:28	7:41	
27	Mon			12:22	4.9	6:15	0.6	6:39	0.8	6:29	7:40	
28	Tue	12:39	4.6	1:05	4.9	6:56	0.7	7:28	1.0	6:29	7:39	
29	Wed	1:21	4.4	1:52	4.9	7:40	0.8	8:21	1.1	6:30	7:37	
30	Thu	2:09	4.2	2:47	5.0	8:30	0.8	9:19	1.1	6:31	7:36	
31	Fri	3:06	4.1	3:47	5.1	9:25	0.8	10:19	1.0	6:32	7:34	