

Upshur Neck, VA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:34	5.3	5:58	5.4	11:56	-0.1			6:27	5:05	
2	Fri	6:28	5.7	6:50	5.4	12:21	-0.4	12:54	-0.4	6:28	5:04	
3	Sat	7:18	6.1	7:40	5.2	1:10	-0.6	1:48	-0.6	6:29	5:03	
4	Sun	8:08	6.2	8:29	5.1	1:57	-0.7	2:39	-0.6	6:30	5:02	
5	Mon	8:56	6.2	9:17	4.8	2:43	-0.7	3:28	-0.5	6:31	5:01	
6	Tue	9:44	6.1	10:05	4.6	3:29	-0.5	4:17	-0.3	6:32	5:00	
7	Wed	10:32	5.8	10:53	4.3	4:15	-0.3	5:07	0.0	6:33	4:59	
8	Thu	11:20	5.5	11:41	4.0	5:03	0.0	5:58	0.3	6:34	4:58	
9	Fri			12:08	5.1	5:54	0.3	6:51	0.5	6:36	4:58	
10	Sat	12:32	3.8	1:00	4.8	6:47	0.6	7:45	0.8	6:37	4:57	
11	Sun	1:27	3.7	1:55	4.5	7:43	0.9	8:38	0.9	6:38	4:56	
12	Mon	2:27	3.7	2:52	4.3	8:40	1.0	9:28	0.9	6:39	4:55	
13	Tue	3:27	3.8	3:48	4.3	9:38	1.0	10:15	0.9	6:40	4:54	
14	Wed	4:21	4.1	4:39	4.3	10:33	1.0	11:00	0.7	6:41	4:53	
15	Thu	5:09	4.4	5:25	4.4	11:25	0.8	11:42	0.6	6:42	4:53	
16	Fri	5:53	4.8	6:08	4.5			12:13	0.7	6:43	4:52	
17	Sat	6:35	5.1	6:50	4.6	12:23	0.4	12:57	0.5	6:44	4:51	
18	Sun	7:16	5.4	7:32	4.6	1:03	0.2	1:40	0.3	6:45	4:51	
19	Mon	7:57	5.6	8:14	4.6	1:43	0.1	2:23	0.2	6:46	4:50	
20	Tue	8:39	5.8	8:57	4.6	2:23	0.0	3:06	0.1	6:47	4:49	
21	Wed	9:22	5.9	9:41	4.5	3:04	-0.1	3:50	0.1	6:48	4:49	
22	Thu	10:07	5.9	10:28	4.4	3:48	-0.1	4:37	0.1	6:49	4:48	
23	Fri	10:54	5.8	11:16	4.3	4:35	0.0	5:28	0.2	6:50	4:48	
24	Sat	11:44	5.6			5:26	0.1	6:21	0.2	6:51	4:47	
25	Sun	12:09	4.2	12:37	5.4	6:23	0.2	7:17	0.2	6:52	4:47	
26	Mon	1:08	4.2	1:36	5.1	7:25	0.3	8:15	0.2	6:53	4:47	
27	Tue	2:12	4.3	2:38	4.9	8:30	0.3	9:12	0.0	6:54	4:46	
28	Wed	3:18	4.5	3:41	4.8	9:36	0.2	10:09	-0.1	6:55	4:46	
29	Thu	4:21	4.8	4:41	4.7	10:41	0.1	11:04	-0.3	6:56	4:46	
30	Fri	5:19	5.2	5:37	4.6	11:44	-0.1	11:57	-0.5	6:57	4:45	