

Upshur Neck, VA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:35	5.3	7:49	3.8	1:16	-0.7	2:12	-0.4	7:17	4:55	
2	Wed	8:20	5.3	8:34	3.8	2:02	-0.7	2:55	-0.4	7:17	4:56	
3	Thu	9:04	5.2	9:18	3.8	2:45	-0.7	3:37	-0.3	7:17	4:57	
4	Fri	9:46	5.1	10:02	3.8	3:28	-0.6	4:17	-0.2	7:18	4:57	
5	Sat	10:28	4.9	10:45	3.7	4:10	-0.4	4:58	-0.1	7:18	4:58	
6	Sun	11:09	4.7	11:28	3.7	4:53	-0.1	5:39	0.1	7:18	4:59	
7	Mon	11:51	4.4			5:38	0.1	6:21	0.2	7:18	5:00	
8	Tue	12:13	3.6	12:34	4.1	6:26	0.4	7:04	0.4	7:18	5:01	
9	Wed	1:01	3.6	1:20	3.9	7:16	0.6	7:48	0.4	7:18	5:02	
10	Thu	1:53	3.7	2:10	3.7	8:10	0.7	8:34	0.5	7:17	5:03	
11	Fri	2:48	3.8	3:04	3.6	9:05	0.8	9:22	0.4	7:17	5:04	
12	Sat	3:44	4.0	3:59	3.5	10:02	0.7	10:12	0.3	7:17	5:05	
13	Sun	4:37	4.4	4:52	3.6	11:00	0.6	11:04	0.1	7:17	5:06	
14	Mon	5:29	4.7	5:43	3.8	11:55	0.3	11:55	-0.2	7:17	5:07	
15	Tue	6:18	5.1	6:33	4.0			12:48	0.0	7:16	5:08	
16	Wed	7:07	5.5	7:23	4.1	12:46	-0.5	1:38	-0.3	7:16	5:09	
17	Thu	7:56	5.8	8:13	4.3	1:35	-0.8	2:26	-0.5	7:16	5:10	
18	Fri	8:45	5.9	9:03	4.5	2:25	-1.0	3:13	-0.7	7:15	5:11	
19	Sat	9:33	5.9	9:53	4.6	3:14	-1.1	4:01	-0.8	7:15	5:12	
20	Sun	10:22	5.8	10:45	4.6	4:05	-1.1	4:50	-0.9	7:14	5:13	
21	Mon	11:12	5.5	11:38	4.6	4:59	-1.0	5:41	-0.8	7:14	5:14	
22	Tue			12:03	5.1	5:56	-0.7	6:33	-0.7	7:13	5:15	
23	Wed	12:33	4.5	12:56	4.6	6:56	-0.5	7:27	-0.6	7:13	5:16	
24	Thu	1:32	4.5	1:53	4.1	7:59	-0.2	8:23	-0.5	7:12	5:17	
25	Fri	2:36	4.4	2:55	3.7	9:05	0.0	9:20	-0.4	7:12	5:18	
26	Sat	3:42	4.4	3:59	3.5	10:12	0.1	10:18	-0.4	7:11	5:19	
27	Sun	4:46	4.5	5:00	3.4	11:19	0.1	11:16	-0.4	7:10	5:21	
28	Mon	5:44	4.6	5:56	3.4			12:21	0.0	7:10	5:22	
29	Tue	6:34	4.7	6:45	3.5	12:10	-0.5	1:12	-0.1	7:09	5:23	
30	Wed	7:20	4.8	7:30	3.6	1:00	-0.5	1:56	-0.2	7:08	5:24	
31	Thu	8:03	4.9	8:13	3.7	1:45	-0.6	2:35	-0.3	7:07	5:25	