

Upshur Neck, VA - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:19	4.7	8:30	4.2	2:08	-0.4	2:42	-0.1	6:33	5:57	
2	Sun	8:57	4.7	9:09	4.3	2:46	-0.4	3:15	-0.1	6:32	5:58	
3	Mon	9:34	4.7	9:48	4.4	3:24	-0.3	3:49	0.0	6:30	5:59	
4	Tue	10:11	4.6	10:26	4.4	4:02	-0.2	4:24	0.1	6:29	6:00	
5	Wed	10:48	4.4	11:05	4.4	4:42	0.0	5:00	0.2	6:28	6:01	
6	Thu	11:26	4.2	11:46	4.4	5:24	0.2	5:39	0.3	6:26	6:02	
7	Fri			12:06	3.9	6:09	0.4	6:21	0.4	6:25	6:03	
8	Sat	12:30	4.4	12:50	3.7	6:58	0.6	7:07	0.5	6:23	6:03	
9	Sun	1:20	4.3	1:42	3.6	7:52	0.7	8:00	0.5	6:22	6:04	
10	Mon	2:18	4.4	2:41	3.6	8:51	0.7	8:58	0.4	6:20	6:05	
11	Tue	3:21	4.6	3:44	3.7	9:52	0.6	9:58	0.2	6:19	6:06	
12	Wed	4:23	4.8	4:46	3.9	10:53	0.4	11:00	-0.1	6:17	6:07	
13	Thu	5:22	5.2	5:43	4.3	11:51	0.0			6:16	6:08	
14	Fri	6:18	5.5	6:38	4.7	12:00	-0.5	12:45	-0.3	6:14	6:09	
15	Sat	7:10	5.7	7:31	5.1	12:57	-0.9	1:36	-0.7	6:13	6:10	
16	Sun	8:02	5.8	8:22	5.5	1:52	-1.2	2:24	-1.0	6:12	6:11	
17	Mon	8:52	5.7	9:14	5.7	2:44	-1.3	3:12	-1.1	6:10	6:12	
18	Tue	9:42	5.5	10:05	5.7	3:37	-1.3	3:59	-1.1	6:09	6:13	
19	Wed	10:31	5.2	10:56	5.6	4:30	-1.2	4:48	-0.9	6:07	6:14	
20	Thu	11:21	4.7	11:48	5.4	5:25	-0.9	5:38	-0.7	6:05	6:15	
21	Fri			12:13	4.3	6:22	-0.5	6:32	-0.4	6:04	6:16	
22	Sat	12:43	5.0	1:08	3.9	7:22	-0.1	7:28	-0.1	6:02	6:17	
23	Sun	1:42	4.7	2:08	3.5	8:24	0.2	8:28	0.2	6:01	6:17	
24	Mon	2:48	4.4	3:15	3.4	9:29	0.4	9:30	0.3	5:59	6:18	
25	Tue	3:56	4.3	4:21	3.4	10:34	0.5	10:33	0.3	5:58	6:19	
26	Wed	4:58	4.3	5:17	3.6	11:32	0.5	11:31	0.3	5:56	6:20	
27	Thu	5:49	4.3	6:03	3.8			12:20	0.4	5:55	6:21	
28	Fri	6:32	4.4	6:44	4.1	12:22	0.2	12:59	0.3	5:53	6:22	
29	Sat	7:11	4.5	7:24	4.4	1:06	0.0	1:33	0.2	5:52	6:23	
30	Sun	7:49	4.6	8:02	4.6	1:45	-0.1	2:06	0.1	5:50	6:24	
31	Mon	8:27	4.6	8:41	4.8	2:23	-0.1	2:40	0.1	5:49	6:25	