

Upshur Neck, VA - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:12	4.3	11:34	5.7	5:20	0.1	5:15	0.1	5:43	8:18	
2	Mon	11:58	4.2			6:07	0.1	6:03	0.2	5:43	8:19	
3	Tue	12:21	5.6	12:47	4.2	6:57	0.2	6:57	0.3	5:42	8:19	
4	Wed	1:10	5.4	1:40	4.2	7:49	0.2	7:55	0.4	5:42	8:20	
5	Thu	2:04	5.2	2:39	4.3	8:43	0.2	8:57	0.4	5:42	8:21	
6	Fri	3:02	5.0	3:41	4.5	9:38	0.1	10:00	0.3	5:42	8:21	
7	Sat	4:04	4.8	4:44	4.8	10:33	-0.1	11:05	0.2	5:41	8:22	
8	Sun	5:05	4.6	5:44	5.2	11:28	-0.2			5:41	8:22	
9	Mon	6:04	4.6	6:40	5.5	12:10	0.0	12:23	-0.4	5:41	8:23	
10	Tue	7:00	4.5	7:33	5.8	1:11	-0.2	1:16	-0.5	5:41	8:23	
11	Wed	7:53	4.5	8:24	6.0	2:09	-0.4	2:08	-0.6	5:41	8:24	
12	Thu	8:45	4.4	9:14	6.0	3:02	-0.5	2:57	-0.7	5:41	8:24	
13	Fri	9:36	4.3	10:03	5.9	3:52	-0.5	3:45	-0.6	5:41	8:25	
14	Sat	10:25	4.3	10:51	5.7	4:40	-0.5	4:33	-0.5	5:41	8:25	
15	Sun	11:13	4.2	11:37	5.5	5:27	-0.3	5:20	-0.2	5:41	8:25	
16	Mon			12:00	4.0	6:14	-0.1	6:09	0.0	5:41	8:26	
17	Tue	12:23	5.2	12:48	3.9	7:01	0.1	6:59	0.3	5:41	8:26	
18	Wed	1:09	4.8	1:37	3.9	7:48	0.3	7:51	0.6	5:41	8:26	
19	Thu	1:56	4.5	2:28	3.8	8:34	0.5	8:45	0.8	5:42	8:27	
20	Fri	2:46	4.2	3:22	3.9	9:20	0.6	9:39	0.9	5:42	8:27	
21	Sat	3:39	4.0	4:17	4.1	10:05	0.7	10:34	1.0	5:42	8:27	
22	Sun	4:32	3.9	5:10	4.3	10:50	0.7	11:29	1.0	5:42	8:27	
23	Mon	5:24	3.9	5:59	4.6	11:36	0.6			5:42	8:27	
24	Tue	6:13	3.9	6:45	4.9	12:23	0.8	12:22	0.5	5:43	8:28	
25	Wed	7:00	4.0	7:30	5.3	1:13	0.7	1:08	0.4	5:43	8:28	
26	Thu	7:46	4.1	8:14	5.5	2:00	0.5	1:54	0.2	5:43	8:28	
27	Fri	8:32	4.2	8:58	5.8	2:45	0.3	2:39	0.0	5:44	8:28	
28	Sat	9:17	4.3	9:44	5.9	3:29	0.1	3:23	-0.1	5:44	8:28	
29	Sun	10:04	4.4	10:29	6.0	4:14	0.0	4:09	-0.2	5:45	8:28	
30	Mon	10:51	4.5	11:16	5.9	5:00	-0.1	4:57	-0.2	5:45	8:28	