

Upshur Neck, VA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:40	4.5			5:47	-0.1	5:48	-0.1	5:45	8:28	
2	Wed	12:03	5.8	12:30	4.6	6:36	-0.1	6:42	0.0	5:46	8:28	
3	Thu	12:53	5.5	1:24	4.6	7:27	-0.1	7:41	0.1	5:46	8:27	
4	Fri	1:45	5.2	2:21	4.7	8:20	-0.1	8:42	0.2	5:47	8:27	
5	Sat	2:41	4.9	3:22	4.8	9:13	-0.1	9:46	0.3	5:48	8:27	
6	Sun	3:41	4.5	4:25	5.0	10:08	-0.1	10:52	0.3	5:48	8:27	
7	Mon	4:43	4.3	5:27	5.2	11:04	-0.2	11:57	0.2	5:49	8:27	
8	Tue	5:44	4.2	6:25	5.4			12:00	-0.2	5:49	8:26	
9	Wed	6:42	4.1	7:18	5.6	1:00	0.1	12:56	-0.3	5:50	8:26	
10	Thu	7:35	4.1	8:09	5.7	1:57	-0.1	1:49	-0.4	5:50	8:26	
11	Fri	8:26	4.1	8:58	5.7	2:49	-0.2	2:39	-0.4	5:51	8:25	
12	Sat	9:15	4.2	9:44	5.7	3:35	-0.2	3:26	-0.4	5:52	8:25	
13	Sun	10:02	4.2	10:29	5.5	4:19	-0.2	4:11	-0.3	5:52	8:24	
14	Mon	10:47	4.2	11:12	5.4	5:01	-0.1	4:56	-0.1	5:53	8:24	
15	Tue	11:32	4.2	11:54	5.1	5:43	0.0	5:41	0.1	5:54	8:23	
16	Wed			12:16	4.2	6:24	0.2	6:27	0.3	5:55	8:23	
17	Thu	12:36	4.8	1:01	4.1	7:06	0.4	7:15	0.6	5:55	8:22	
18	Fri	1:19	4.5	1:47	4.1	7:48	0.6	8:05	0.8	5:56	8:22	
19	Sat	2:04	4.2	2:37	4.2	8:31	0.7	8:57	1.0	5:57	8:21	
20	Sun	2:52	4.0	3:30	4.3	9:16	0.8	9:51	1.1	5:58	8:21	
21	Mon	3:45	3.8	4:25	4.4	10:02	0.8	10:46	1.1	5:58	8:20	
22	Tue	4:39	3.8	5:18	4.7	10:51	0.7	11:42	1.0	5:59	8:19	
23	Wed	5:33	3.8	6:09	5.0	11:42	0.6			6:00	8:18	
24	Thu	6:25	4.0	6:58	5.3	12:37	0.9	12:33	0.4	6:01	8:18	
25	Fri	7:14	4.2	7:46	5.7	1:29	0.6	1:24	0.2	6:01	8:17	
26	Sat	8:03	4.4	8:33	5.9	2:17	0.3	2:13	-0.1	6:02	8:16	
27	Sun	8:52	4.6	9:21	6.1	3:04	0.1	3:02	-0.3	6:03	8:15	
28	Mon	9:40	4.8	10:08	6.2	3:50	-0.1	3:51	-0.4	6:04	8:14	
29	Tue	10:30	5.0	10:56	6.1	4:36	-0.3	4:40	-0.5	6:05	8:14	
30	Wed	11:20	5.1	11:44	5.9	5:23	-0.4	5:33	-0.4	6:05	8:13	
31	Thu			12:11	5.2	6:12	-0.4	6:28	-0.2	6:06	8:12	