US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**4:16**	4.3	**4:34**	3.4	**10:43**	0.8	**10:44**	0.3	6:34	5:56	
2	Mon	**5:12**	4.6	**5:28**	3.7	**11:39**	0.5	**11:39**	0.0	6:32	5:57	
3	Tue	**6:03**	4.9	**6:19**	4.0			**12:30**	0.2	6:31	5:58	
4	Wed	**6:52**	5.3	**7:08**	4.4	**12:33**	-0.3	**1:18**	-0.1	6:29	5:59	
5	Thu	**7:39**	5.5	**7:56**	4.8	**1:23**	-0.6	**2:03**	-0.4	6:28	6:00	
6	Fri	**8:26**	5.7	**8:44**	5.1	**2:13**	-0.9	**2:48**	-0.7	6:27	6:01	
7	Sat	**9:13**	5.7	**9:33**	5.3	**3:02**	-1.1	**3:33**	-0.8	6:25	6:02	
8	Sun	**10:00**	5.5	**10:22**	5.4	**3:52**	-1.1	**4:18**	-0.8	6:24	6:03	
9	Mon	**10:48**	5.2	**11:12**	5.4	**4:44**	-1.0	**5:06**	-0.8	6:22	6:04	
10	Tue	**11:37**	4.8			**5:39**	-0.7	**5:56**	-0.6	6:21	6:05	
11	Wed	**12:05**	5.3	**12:29**	4.3	**6:38**	-0.4	**6:51**	-0.4	6:19	6:06	
12	Thu	**1:02**	5.1	**1:27**	3.9	**7:40**	-0.1	**7:49**	-0.2	6:18	6:07	
13	Fri	**2:06**	4.8	**2:31**	3.6	**8:45**	0.1	**8:50**	-0.1	6:16	6:08	
14	Sat	**3:15**	4.7	**3:41**	3.5	**9:54**	0.2	**9:55**	0.0	6:15	6:09	
15	Sun	**4:25**	4.6	**4:48**	3.5	**11:02**	0.2	**11:00**	-0.1	6:13	6:10	
16	Mon	**5:28**	4.6	**5:46**	3.7			**12:02**	0.2	6:12	6:11	
17	Tue	**6:21**	4.7	**6:35**	3.9	**12:00**	-0.2	**12:53**	0.0	6:10	6:12	
18	Wed	**7:07**	4.7	**7:19**	4.1	**12:53**	-0.3	**1:34**	-0.1	6:09	6:13	
19	Thu	**7:48**	4.8	**8:00**	4.4	**1:39**	-0.4	**2:11**	-0.1	6:07	6:14	
20	Fri	**8:26**	4.7	**8:39**	4.5	**2:21**	-0.5	**2:46**	-0.2	6:06	6:14	
21	Sat	**9:04**	4.7	**9:18**	4.7	**3:00**	-0.4	**3:20**	-0.1	6:04	6:15	
22	Sun	**9:42**	4.5	**9:57**	4.7	**3:39**	-0.3	**3:54**	0.0	6:03	6:16	
23	Mon	**10:20**	4.4	**10:36**	4.7	**4:18**	-0.1	**4:29**	0.1	6:01	6:17	
24	Tue	**10:58**	4.2	**11:16**	4.6	**4:58**	0.1	**5:06**	0.3	6:00	6:18	
25	Wed	**11:38**	3.9	**11:58**	4.5	**5:41**	0.3	**5:46**	0.5	5:58	6:19	
26	Thu			**12:20**	3.7	**6:27**	0.6	**6:30**	0.7	5:57	6:20	
27	Fri	**12:44**	4.4	**1:06**	3.5	**7:16**	0.8	**7:19**	0.8	5:55	6:21	
28	Sat	**1:36**	4.3	**2:00**	3.4	**8:10**	0.9	**8:13**	0.8	5:54	6:22	
29	Sun	**2:34**	4.3	**3:00**	3.5	**9:07**	0.9	**9:11**	0.7	5:52	6:23	
30	Mon	**3:36**	4.5	**4:00**	3.7	**10:05**	0.8	**10:11**	0.5	5:51	6:24	
31	Tue	**4:35**	4.7	**4:57**	4.0	**11:01**	0.6	**11:10**	0.2	5:49	6:24	