

## Upshur Neck, VA - Jul 1990

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:57	3.6	4:41	4.4	10:16	0.6	11:15	1.0	5:45	8:28	☾
2	Mon	4:52	3.4	5:34	4.5	11:02	0.6			5:46	8:28	☾
3	Tue	5:44	3.4	6:22	4.7	12:12	1.0	11:50 AM	0.6	5:46	8:28	☾
4	Wed	6:34	3.4	7:08	4.9	1:05	0.9	12:38	0.6	5:47	8:27	☾
5	Thu	7:20	3.5	7:53	5.1	1:51	0.8	1:25	0.5	5:47	8:27	☾
6	Fri	8:05	3.7	8:36	5.3	2:32	0.7	2:10	0.3	5:48	8:27	☾
7	Sat	8:49	3.8	9:18	5.4	3:11	0.6	2:53	0.2	5:48	8:27	☾
8	Sun	9:32	3.9	9:59	5.5	3:50	0.5	3:35	0.2	5:49	8:26	☾
9	Mon	10:15	4.1	10:40	5.5	4:28	0.4	4:17	0.1	5:50	8:26	☾
10	Tue	10:58	4.2	11:20	5.4	5:07	0.3	5:00	0.2	5:50	8:26	☾
11	Wed	11:41	4.4			5:46	0.3	5:47	0.3	5:51	8:25	☾
12	Thu	12:00	5.3	12:25	4.5	6:28	0.2	6:37	0.4	5:52	8:25	☾
13	Fri	12:43	5.0	1:13	4.7	7:11	0.2	7:31	0.5	5:52	8:25	☾
14	Sat	1:28	4.7	2:04	4.9	7:57	0.2	8:30	0.6	5:53	8:24	☾
15	Sun	2:19	4.4	3:02	5.0	8:46	0.2	9:33	0.6	5:54	8:24	☾
16	Mon	3:17	4.1	4:04	5.2	9:39	0.1	10:38	0.6	5:54	8:23	☾
17	Tue	4:20	3.9	5:07	5.5	10:36	0.0	11:45	0.5	5:55	8:23	☾
18	Wed	5:24	3.8	6:10	5.7	11:37	-0.1			5:56	8:22	☾
19	Thu	6:27	3.9	7:09	5.9	12:51	0.3	12:38	-0.3	5:56	8:21	☾
20	Fri	7:26	4.0	8:05	6.1	1:51	0.1	1:38	-0.5	5:57	8:21	☾
21	Sat	8:22	4.2	8:59	6.1	2:46	-0.1	2:35	-0.6	5:58	8:20	☾
22	Sun	9:16	4.4	9:49	6.0	3:35	-0.2	3:28	-0.7	5:59	8:19	☾
23	Mon	10:07	4.5	10:37	5.8	4:22	-0.3	4:19	-0.6	6:00	8:19	☾
24	Tue	10:57	4.6	11:22	5.5	5:06	-0.3	5:09	-0.4	6:00	8:18	☾
25	Wed	11:44	4.7			5:49	-0.2	5:59	-0.1	6:01	8:17	☾
26	Thu	12:06	5.1	12:31	4.6	6:32	0.0	6:50	0.2	6:02	8:16	☾
27	Fri	12:48	4.6	1:17	4.6	7:14	0.2	7:43	0.6	6:03	8:16	☾
28	Sat	1:32	4.2	2:06	4.5	7:57	0.4	8:37	0.9	6:04	8:15	☾
29	Sun	2:19	3.8	2:58	4.4	8:41	0.6	9:33	1.1	6:04	8:14	☾
30	Mon	3:10	3.5	3:55	4.4	9:28	0.8	10:31	1.2	6:05	8:13	☾
31	Tue	4:07	3.3	4:53	4.5	10:18	0.9	11:30	1.3	6:06	8:12	☾