































Upshur Neck, VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	3.3	5:49	4.7	11:10	0.9			6:07	8:11	
2	Thu	5:59	3.4	6:40	4.9	12:27	1.2	12:04	0.8	6:08	8:10	
3	Fri	6:50	3.6	7:26	5.1	1:18	1.1	12:55	0.6	6:08	8:09	
4	Sat	7:37	3.8	8:10	5.4	2:01	0.9	1:44	0.4	6:09	8:08	
5	Sun	8:21	4.1	8:52	5.6	2:41	0.7	2:29	0.2	6:10	8:07	
6	Mon	9:05	4.4	9:33	5.7	3:19	0.5	3:13	0.1	6:11	8:06	
7	Tue	9:49	4.6	10:13	5.7	3:57	0.3	3:57	0.0	6:12	8:05	
8	Wed	10:32	4.9	10:54	5.6	4:35	0.1	4:42	0.0	6:13	8:04	
9	Thu	11:15	5.1	11:35	5.3	5:14	0.1	5:29	0.1	6:14	8:03	
10	Fri			12:01	5.3	5:55	0.0	6:20	0.2	6:14	8:02	
11	Sat	12:19	5.0	12:49	5.4	6:39	0.1	7:15	0.4	6:15	8:00	
12	Sun	1:05	4.6	1:41	5.4	7:27	0.1	8:15	0.6	6:16	7:59	
13	Mon	1:57	4.3	2:40	5.4	8:19	0.2	9:19	0.7	6:17	7:58	
14	Tue	2:56	3.9	3:45	5.4	9:17	0.3	10:26	0.8	6:18	7:57	
15	Wed	4:03	3.7	4:54	5.4	10:19	0.2	11:35	0.7	6:19	7:56	
16	Thu	5:12	3.7	6:00	5.6	11:24	0.2			6:20	7:54	
17	Fri	6:17	3.9	7:00	5.7	12:41	0.6	12:29	0.0	6:20	7:53	
18	Sat	7:16	4.2	7:54	5.8	1:39	0.3	1:29	-0.2	6:21	7:52	
19	Sun	8:09	4.4	8:43	5.8	2:30	0.1	2:24	-0.3	6:22	7:51	
20	Mon	8:59	4.7	9:28	5.7	3:14	0.0	3:15	-0.4	6:23	7:49	
21	Tue	9:46	4.9	10:11	5.5	3:55	-0.1	4:02	-0.3	6:24	7:48	
22	Wed	10:30	5.0	10:52	5.2	4:34	-0.1	4:48	-0.2	6:25	7:47	
23	Thu	11:13	5.1	11:33	4.9	5:12	0.0	5:33	0.1	6:25	7:45	
24	Fri	11:55	5.0			5:49	0.2	6:19	0.4	6:26	7:44	
25	Sat	12:13	4.5	12:38	4.9	6:28	0.4	7:07	0.7	6:27	7:42	
26	Sun	12:54	4.1	1:24	4.8	7:09	0.7	7:57	1.0	6:28	7:41	
27	Mon	1:38	3.8	2:13	4.6	7:54	0.9	8:51	1.3	6:29	7:40	
28	Tue	2:28	3.6	3:10	4.5	8:43	1.1	9:48	1.5	6:30	7:38	
29	Wed	3:25	3.4	4:11	4.5	9:37	1.1	10:47	1.5	6:30	7:37	
30	Thu	4:26	3.4	5:12	4.7	10:34	1.1	11:45	1.5	6:31	7:35	
31	Fri	5:26	3.6	6:07	4.9	11:31	1.0			6:32	7:34	