
































Upshur Neck, VA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:54	4.5	1:14	3.8	7:24	0.5	7:35	0.3	6:33	5:57	
2	Sun	1:49	4.5	2:11	3.7	8:22	0.5	8:32	0.2	6:32	5:58	
3	Mon	2:52	4.6	3:15	3.7	9:24	0.5	9:33	0.1	6:31	5:59	
4	Tue	3:57	4.8	4:19	3.9	10:27	0.3	10:36	-0.2	6:29	6:00	
5	Wed	4:59	5.1	5:20	4.2	11:29	0.0	11:38	-0.6	6:28	6:00	
6	Thu	5:57	5.4	6:18	4.6			12:26	-0.4	6:26	6:01	
7	Fri	6:52	5.6	7:12	5.0	12:38	-0.9	1:19	-0.7	6:25	6:02	
8	Sat	7:45	5.8	8:05	5.3	1:34	-1.2	2:09	-1.0	6:23	6:03	
9	Sun	8:36	5.7	8:57	5.5	2:27	-1.4	2:57	-1.1	6:22	6:04	
10	Mon	9:25	5.5	9:48	5.6	3:19	-1.4	3:44	-1.2	6:21	6:05	
11	Tue	10:14	5.2	10:38	5.5	4:11	-1.3	4:32	-1.0	6:19	6:06	
12	Wed	11:03	4.8	11:28	5.2	5:04	-1.0	5:21	-0.8	6:18	6:07	
13	Thu	11:52	4.4			5:59	-0.6	6:11	-0.5	6:16	6:08	
14	Fri	12:20	4.9	12:43	3.9	6:55	-0.2	7:05	-0.1	6:15	6:09	
15	Sat	1:15	4.6	1:38	3.6	7:54	0.2	8:00	0.1	6:13	6:10	
16	Sun	2:15	4.3	2:39	3.3	8:56	0.5	8:59	0.3	6:12	6:11	
17	Mon	3:20	4.1	3:43	3.3	9:58	0.6	9:58	0.4	6:10	6:12	
18	Tue	4:24	4.1	4:42	3.4	10:58	0.6	10:57	0.4	6:09	6:13	
19	Wed	5:19	4.2	5:32	3.6	11:50	0.6	11:49	0.3	6:07	6:14	
20	Thu	6:05	4.3	6:17	3.9			12:32	0.5	6:06	6:15	
21	Fri	6:46	4.5	6:58	4.2	12:36	0.1	1:09	0.3	6:04	6:15	
22	Sat	7:25	4.6	7:38	4.5	1:18	0.0	1:44	0.2	6:03	6:16	
23	Sun	8:03	4.7	8:17	4.7	1:57	-0.1	2:18	0.1	6:01	6:17	
24	Mon	8:41	4.7	8:56	4.9	2:36	-0.2	2:53	0.0	6:00	6:18	
25	Tue	9:20	4.7	9:35	5.0	3:15	-0.2	3:29	0.0	5:58	6:19	
26	Wed	9:58	4.6	10:15	5.0	3:54	-0.1	4:06	0.1	5:57	6:20	
27	Thu	10:36	4.4	10:55	5.0	4:36	0.0	4:45	0.2	5:55	6:21	
28	Fri	11:17	4.3	11:39	5.0	5:21	0.2	5:27	0.3	5:54	6:22	
29	Sat			12:01	4.1	6:09	0.3	6:15	0.3	5:52	6:23	
30	Sun	12:28	4.9	12:52	3.9	7:03	0.4	7:10	0.4	5:51	6:24	
31	Mon	1:24	4.9	1:50	3.9	8:01	0.5	8:10	0.3	5:49	6:25	