
































Upshur Neck, VA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:59	5.6	7:17	4.7	1:46	0.3	1:26	0.3	6:28	5:05	
2	Mon	7:42	5.9	8:01	4.7	1:27	0.1	2:11	0.1	6:29	5:04	
3	Tue	8:26	6.1	8:45	4.6	2:09	0.0	2:57	0.1	6:30	5:03	
4	Wed	9:13	6.2	9:32	4.5	2:52	-0.1	3:45	0.1	6:31	5:02	
5	Thu	10:01	6.2	10:20	4.4	3:38	-0.1	4:35	0.2	6:32	5:01	
6	Fri	10:52	6.1	11:12	4.2	4:27	0.0	5:29	0.3	6:33	5:00	
7	Sat	11:46	5.8			5:22	0.1	6:27	0.4	6:34	4:59	
8	Sun	12:08	4.1	12:43	5.5	6:22	0.2	7:26	0.5	6:35	4:58	
9	Mon	1:10	4.1	1:45	5.2	7:27	0.4	8:26	0.4	6:36	4:57	
10	Tue	2:18	4.1	2:49	5.0	8:35	0.4	9:24	0.3	6:37	4:56	
11	Wed	3:27	4.4	3:53	4.7	9:44	0.4	10:19	0.2	6:38	4:55	
12	Thu	4:31	4.7	4:51	4.6	10:50	0.3	11:10	0.0	6:39	4:54	
13	Fri	5:26	5.1	5:43	4.5	11:52	0.2	11:59	-0.1	6:41	4:54	
14	Sat	6:15	5.4	6:32	4.3			12:48	0.0	6:42	4:53	
15	Sun	7:01	5.6	7:17	4.2	12:45	-0.2	1:38	-0.1	6:43	4:52	
16	Mon	7:45	5.7	8:01	4.1	1:28	-0.2	2:23	-0.1	6:44	4:51	
17	Tue	8:29	5.7	8:44	4.0	2:10	-0.2	3:06	0.0	6:45	4:51	
18	Wed	9:12	5.6	9:27	3.9	2:51	-0.1	3:48	0.2	6:46	4:50	
19	Thu	9:55	5.4	10:10	3.8	3:32	0.0	4:30	0.4	6:47	4:50	
20	Fri	10:38	5.2	10:54	3.7	4:14	0.2	5:14	0.6	6:48	4:49	
21	Sat	11:22	5.0	11:39	3.6	4:58	0.4	5:59	0.8	6:49	4:48	
22	Sun			12:07	4.7	5:45	0.7	6:45	0.9	6:50	4:48	
23	Mon	12:27	3.5	12:54	4.5	6:36	0.9	7:32	1.0	6:51	4:47	
24	Tue	1:19	3.6	1:44	4.3	7:31	1.0	8:17	1.0	6:52	4:47	
25	Wed	2:15	3.7	2:36	4.1	8:27	1.1	9:03	0.9	6:53	4:47	
26	Thu	3:12	4.0	3:29	4.1	9:24	1.0	9:48	0.7	6:54	4:46	
27	Fri	4:05	4.3	4:21	4.1	10:21	0.9	10:34	0.5	6:55	4:46	
28	Sat	4:55	4.7	5:10	4.1	11:16	0.7	11:21	0.3	6:56	4:46	
29	Sun	5:42	5.2	5:58	4.2			12:10	0.4	6:57	4:45	
30	Mon	6:29	5.6	6:46	4.2	12:08	0.1	1:01	0.2	6:58	4:45	