

































Upshur Neck, VA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:40	6.2	8:58	4.4	2:17	-1.1	3:12	-0.7	7:17	4:55	
2	Sat	9:31	6.1	9:51	4.5	3:09	-1.2	4:02	-0.8	7:17	4:56	
3	Sun	10:22	5.9	10:44	4.6	4:03	-1.1	4:51	-0.8	7:17	4:57	
4	Mon	11:12	5.5	11:38	4.6	4:58	-1.0	5:42	-0.8	7:18	4:58	
5	Tue			12:02	5.0	5:56	-0.7	6:33	-0.6	7:18	4:59	
6	Wed	12:34	4.5	12:55	4.4	6:57	-0.3	7:25	-0.5	7:18	5:00	
7	Thu	1:33	4.5	1:50	3.9	8:01	0.0	8:18	-0.3	7:18	5:01	
8	Fri	2:36	4.4	2:50	3.5	9:07	0.2	9:13	-0.2	7:17	5:02	
9	Sat	3:41	4.4	3:53	3.2	10:15	0.3	10:08	-0.1	7:17	5:02	
10	Sun	4:43	4.4	4:52	3.1	11:22	0.4	11:04	-0.1	7:17	5:03	
11	Mon	5:39	4.5	5:46	3.1			12:22	0.3	7:17	5:04	
12	Tue	6:28	4.6	6:33	3.2			1:11	0.2	7:17	5:05	
13	Wed	7:12	4.7	7:17	3.3	12:46	-0.2	1:52	0.2	7:17	5:06	
14	Thu	7:53	4.8	7:59	3.5	1:30	-0.3	2:28	0.1	7:16	5:07	
15	Fri	8:32	4.9	8:40	3.6	2:11	-0.4	3:02	0.1	7:16	5:08	
16	Sat	9:11	4.9	9:21	3.7	2:50	-0.4	3:36	0.0	7:16	5:09	
17	Sun	9:48	4.8	10:01	3.8	3:29	-0.3	4:11	0.1	7:15	5:10	
18	Mon	10:25	4.6	10:41	3.9	4:09	-0.2	4:46	0.1	7:15	5:11	
19	Tue	11:02	4.4	11:21	3.9	4:49	0.0	5:22	0.2	7:14	5:13	
20	Wed	11:39	4.2			5:33	0.2	6:00	0.2	7:14	5:14	
21	Thu	12:02	4.0	12:19	3.9	6:19	0.4	6:40	0.3	7:13	5:15	
22	Fri	12:48	4.1	1:02	3.7	7:11	0.5	7:25	0.3	7:13	5:16	
23	Sat	1:39	4.1	1:54	3.5	8:07	0.6	8:15	0.3	7:12	5:17	
24	Sun	2:37	4.3	2:53	3.3	9:08	0.6	9:10	0.1	7:12	5:18	
25	Mon	3:40	4.5	3:56	3.4	10:11	0.5	10:10	-0.1	7:11	5:19	
26	Tue	4:42	4.9	4:58	3.5	11:15	0.3	11:11	-0.4	7:10	5:20	
27	Wed	5:41	5.3	5:56	3.8			12:15	0.0	7:10	5:21	
28	Thu	6:37	5.6	6:53	4.1	12:11	-0.7	1:11	-0.4	7:09	5:22	
29	Fri	7:31	5.9	7:47	4.4	1:08	-1.1	2:02	-0.7	7:08	5:23	
30	Sat	8:23	5.9	8:40	4.7	2:03	-1.3	2:51	-1.0	7:07	5:25	
31	Sun	9:13	5.9	9:33	4.9	2:56	-1.5	3:38	-1.1	7:07	5:26	