US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**8:20**	5.6	**8:40**	5.2	**2:10**	-1.4	**2:43**	-1.1	6:34	5:56	
2	Sun	**9:09**	5.4	**9:30**	5.3	**3:02**	-1.4	**3:29**	-1.1	6:32	5:57	
3	Mon	**9:56**	5.1	**10:19**	5.3	**3:53**	-1.2	**4:14**	-1.0	6:31	5:58	
4	Tue	**10:43**	4.8	**11:07**	5.1	**4:43**	-1.0	**5:01**	-0.8	6:29	5:59	
5	Wed	**11:29**	4.4	**11:55**	4.8	**5:34**	-0.6	**5:48**	-0.5	6:28	6:00	
6	Thu			**12:16**	3.9	**6:27**	-0.2	**6:37**	-0.2	6:27	6:01	
7	Fri	**12:46**	4.5	**1:06**	3.6	**7:22**	0.2	**7:29**	0.1	6:25	6:02	
8	Sat	**1:41**	4.2	**2:00**	3.3	**8:19**	0.5	**8:23**	0.3	6:24	6:03	
9	Sun	**3:41**	4.0	**4:00**	3.2	**10:18**	0.7	**10:20**	0.5	7:22	7:04	
10	Mon	**4:45**	4.0	**5:02**	3.2	**11:18**	0.8	**11:17**	0.5	7:21	7:05	
11	Tue	**5:43**	4.0	**5:57**	3.4			**12:13**	0.8	7:19	7:06	
12	Wed	**6:34**	4.2	**6:46**	3.7	**12:12**	0.4	**1:01**	0.6	7:18	7:07	
13	Thu	**7:18**	4.4	**7:30**	4.0	**1:02**	0.2	**1:42**	0.5	7:16	7:08	
14	Fri	**7:59**	4.6	**8:12**	4.3	**1:48**	0.1	**2:19**	0.3	7:15	7:09	
15	Sat	**8:39**	4.7	**8:53**	4.6	**2:30**	-0.1	**2:55**	0.1	7:13	7:10	
16	Sun	**9:18**	4.8	**9:33**	4.8	**3:11**	-0.2	**3:32**	0.0	7:12	7:11	
17	Mon	**9:57**	4.8	**10:13**	5.0	**3:51**	-0.3	**4:08**	-0.1	7:10	7:12	
18	Tue	**10:36**	4.8	**10:54**	5.1	**4:32**	-0.3	**4:46**	-0.1	7:09	7:13	
19	Wed	**11:16**	4.6	**11:35**	5.2	**5:14**	-0.2	**5:26**	-0.1	7:07	7:14	
20	Thu	**11:57**	4.5			**6:00**	-0.1	**6:09**	0.0	7:06	7:14	
21	Fri	**12:20**	5.2	**12:42**	4.3	**6:49**	0.1	**6:56**	0.1	7:04	7:15	
22	Sat	**1:09**	5.1	**1:31**	4.1	**7:43**	0.2	**7:50**	0.1	7:03	7:16	
23	Sun	**2:04**	5.0	**2:28**	3.9	**8:42**	0.3	**8:50**	0.1	7:01	7:17	
24	Mon	**3:06**	4.9	**3:33**	3.9	**9:44**	0.3	**9:53**	0.1	7:00	7:18	
25	Tue	**4:13**	4.9	**4:41**	4.0	**10:47**	0.2	**10:59**	-0.1	6:58	7:19	
26	Wed	**5:19**	5.0	**5:45**	4.3	**11:49**	0.0			6:57	7:20	
27	Thu	**6:20**	5.1	**6:45**	4.7	**12:04**	-0.3	**12:47**	-0.2	6:55	7:21	
28	Fri	**7:16**	5.2	**7:39**	5.0	**1:06**	-0.6	**1:41**	-0.5	6:54	7:22	
29	Sat	**8:09**	5.2	**8:31**	5.3	**2:04**	-0.8	**2:30**	-0.7	6:52	7:23	
30	Sun	**8:58**	5.2	**9:20**	5.5	**2:57**	-1.0	**3:16**	-0.8	6:51	7:23	
31	Mon	**9:45**	5.0	**10:07**	5.6	**3:47**	-1.0	**4:01**	-0.8	6:49	7:24	