US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:25	4.1	1:45	3.5	7:53	0.7	8:02	0.6	6:33	5:57	
2	Wed	2:21	4.1	2:41	3.4	8:49	0.8	8:57	0.5	6:31	5:58	
3	Thu	3:21	4.2	3:41	3.5	9:47	0.8	9:54	0.4	6:30	5:59	
4	Fri	4:20	4.5	4:40	3.7	10:46	0.6	10:52	0.1	6:29	6:00	
5	Sat	5:16	4.8	5:35	4.1	11:42	0.3	11:49	-0.2	6:27	6:01	
6	Sun	6:09	5.2	6:27	4.5			12:35	0.0	6:26	6:02	
7	Mon	6:59	5.5	7:17	4.9	12:44	-0.6	1:24	-0.4	6:24	6:03	
8	Tue	7:48	5.7	8:08	5.2	1:37	-0.9	2:11	-0.7	6:23	6:04	
9	Wed	8:37	5.7	8:58	5.5	2:28	-1.2	2:57	-0.9	6:21	6:05	
10	Thu	9:26	5.6	9:48	5.7	3:19	-1.2	3:44	-1.0	6:20	6:06	
11	Fri	10:14	5.4	10:39	5.6	4:11	-1.2	4:32	-1.0	6:19	6:07	
12	Sat	11:04	5.0	11:31	5.5	5:04	-1.0	5:22	-0.8	6:17	6:08	
13	Sun			12:55	4.6	7:01	-0.7	7:15	-0.6	7:16	7:08	
14	Mon	1:26	5.2	1:50	4.1	8:01	-0.3	8:12	-0.3	7:14	7:09	
15	Tue	2:25	4.9	2:50	3.8	9:04	0.0	9:12	-0.1	7:13	7:10	
16	Wed	3:30	4.6	3:57	3.5	10:09	0.2	10:15	0.0	7:11	7:11	
17	Thu	4:40	4.5	5:06	3.5	11:16	0.3	11:20	0.1	7:10	7:12	
18	Fri	5:47	4.4	6:08	3.6			12:20	0.3	7:08	7:13	
19	Sat	6:44	4.5	7:00	3.8	12:22	0.0	1:14	0.2	7:07	7:14	
20	Sun	7:31	4.5	7:44	4.1	1:18	-0.1	1:59	0.1	7:05	7:15	
21	Mon	8:12	4.6	8:25	4.3	2:05	-0.2	2:36	0.0	7:04	7:16	
22	Tue	8:51	4.6	9:04	4.5	2:47	-0.3	3:11	0.0	7:02	7:17	
23	Wed	9:28	4.6	9:42	4.7	3:26	-0.3	3:44	-0.1	7:01	7:18	
24	Thu	10:06	4.6	10:21	4.8	4:04	-0.3	4:18	0.0	6:59	7:19	
25	Fri	10:44	4.5	11:00	4.8	4:42	-0.2	4:53	0.1	6:57	7:19	
26	Sat	11:22	4.3	11:39	4.8	5:20	0.0	5:29	0.2	6:56	7:20	
27	Sun			12:00	4.1	6:01	0.2	6:07	0.4	6:54	7:21	
28	Mon	12:19	4.7	12:40	4.0	6:44	0.4	6:49	0.5	6:53	7:22	
29	Tue	1:02	4.6	1:23	3.8	7:30	0.6	7:35	0.7	6:51	7:23	
30	Wed	1:48	4.5	2:11	3.7	8:21	0.8	8:26	0.7	6:50	7:24	
31	Thu	2:42	4.5	3:07	3.6	9:16	0.8	9:23	0.7	6:48	7:25	