US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:56**	4.2	**5:10**	3.2	**11:37**	0.6	**11:21**	0.2	6:34	5:56	
2	Sat	**5:49**	4.3	**5:58**	3.3			**12:28**	0.5	6:32	5:57	
3	Sun	**6:34**	4.4	**6:42**	3.6	**12:12**	0.1	**1:08**	0.4	6:31	5:58	
4	Mon	**7:15**	4.6	**7:23**	3.8	**12:57**	0.0	**1:43**	0.3	6:30	5:59	
5	Tue	**7:53**	4.7	**8:03**	4.1	**1:38**	-0.2	**2:17**	0.2	6:28	6:00	
6	Wed	**8:31**	4.8	**8:42**	4.3	**2:17**	-0.3	**2:50**	0.1	6:27	6:01	
7	Thu	**9:08**	4.8	**9:21**	4.4	**2:56**	-0.3	**3:23**	0.0	6:25	6:02	
8	Fri	**9:45**	4.7	**9:59**	4.5	**3:34**	-0.2	**3:58**	0.1	6:24	6:03	
9	Sat	**10:22**	4.6	**10:38**	4.6	**4:14**	-0.1	**4:34**	0.1	6:22	6:04	
10	Sun	**11:59**	4.4			**5:56**	0.0	**6:11**	0.2	7:21	7:05	
11	Mon	**12:18**	4.7	**12:39**	4.2	**6:41**	0.2	**6:53**	0.3	7:20	7:06	
12	Tue	**1:01**	4.7	**1:22**	3.9	**7:31**	0.3	**7:39**	0.3	7:18	7:07	
13	Wed	**1:51**	4.7	**2:13**	3.7	**8:26**	0.5	**8:32**	0.4	7:17	7:08	
14	Thu	**2:49**	4.7	**3:13**	3.6	**9:27**	0.5	**9:31**	0.3	7:15	7:09	
15	Fri	**3:54**	4.8	**4:19**	3.6	**10:30**	0.5	**10:35**	0.1	7:14	7:10	
16	Sat	**5:01**	4.9	**5:25**	3.8	**11:35**	0.3	**11:39**	-0.1	7:12	7:11	
17	Sun	**6:04**	5.2	**6:27**	4.1			**12:37**	0.0	7:11	7:11	
18	Mon	**7:03**	5.5	**7:24**	4.5	**12:43**	-0.5	**1:34**	-0.3	7:09	7:12	
19	Tue	**7:58**	5.6	**8:18**	4.9	**1:43**	-0.8	**2:26**	-0.6	7:08	7:13	
20	Wed	**8:50**	5.7	**9:10**	5.3	**2:39**	-1.1	**3:14**	-0.9	7:06	7:14	
21	Thu	**9:40**	5.6	**10:01**	5.5	**3:32**	-1.3	**4:00**	-1.0	7:05	7:15	
22	Fri	**10:29**	5.4	**10:50**	5.5	**4:24**	-1.2	**4:46**	-1.0	7:03	7:16	
23	Sat	**11:16**	5.0	**11:39**	5.5	**5:15**	-1.1	**5:31**	-0.8	7:02	7:17	
24	Sun			**12:03**	4.6	**6:07**	-0.8	**6:18**	-0.5	7:00	7:18	
25	Mon	**12:27**	5.2	**12:51**	4.2	**7:00**	-0.4	**7:07**	-0.2	6:59	7:19	
26	Tue	**1:17**	4.9	**1:40**	3.7	**7:56**	0.0	**7:58**	0.1	6:57	7:20	
27	Wed	**2:10**	4.6	**2:34**	3.4	**8:54**	0.4	**8:53**	0.4	6:56	7:21	
28	Thu	**3:09**	4.3	**3:34**	3.2	**9:54**	0.6	**9:51**	0.6	6:54	7:22	
29	Fri	**4:14**	4.1	**4:38**	3.2	**10:56**	0.8	**10:50**	0.6	6:53	7:22	
30	Sat	**5:17**	4.1	**5:38**	3.4	**11:55**	0.8	**11:49**	0.6	6:51	7:23	
31	Sun	**6:13**	4.2	**6:28**	3.6			**12:45**	0.8	6:50	7:24	