US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:03**	4.0	**4:18**	2.9	**10:49**	0.8	**10:27**	0.5	6:34	5:56	
2	Thu	**5:05**	4.1	**5:15**	3.0	**11:51**	0.8	**11:24**	0.4	6:32	5:57	
3	Fri	**5:57**	4.3	**6:03**	3.3			**12:38**	0.7	6:31	5:58	
4	Sat	**6:41**	4.4	**6:46**	3.5	**12:15**	0.2	**1:15**	0.6	6:30	5:59	
5	Sun	**7:21**	4.6	**7:28**	3.8	**1:00**	0.0	**1:48**	0.4	6:28	6:00	
6	Mon	**7:59**	4.8	**8:07**	4.1	**1:42**	-0.1	**2:20**	0.2	6:27	6:01	
7	Tue	**8:36**	4.8	**8:46**	4.4	**2:21**	-0.2	**2:52**	0.1	6:25	6:02	
8	Wed	**9:12**	4.8	**9:25**	4.6	**3:00**	-0.3	**3:25**	0.0	6:24	6:03	
9	Thu	**9:48**	4.7	**10:03**	4.7	**3:39**	-0.2	**3:59**	0.0	6:22	6:04	
10	Fri	**10:25**	4.5	**10:42**	4.8	**4:20**	-0.1	**4:34**	0.1	6:21	6:05	
11	Sat	**11:03**	4.2	**11:23**	4.9	**5:04**	0.0	**5:12**	0.1	6:20	6:06	
12	Sun			**12:43**	4.0	**6:52**	0.2	**6:55**	0.2	7:18	7:07	
13	Mon	**1:09**	4.9	**1:30**	3.7	**7:46**	0.4	**7:45**	0.3	7:17	7:08	
14	Tue	**2:03**	4.8	**2:25**	3.5	**8:45**	0.5	**8:43**	0.3	7:15	7:09	
15	Wed	**3:07**	4.8	**3:30**	3.3	**9:50**	0.6	**9:47**	0.2	7:14	7:10	
16	Thu	**4:17**	4.8	**4:41**	3.4	**10:58**	0.5	**10:55**	0.1	7:12	7:11	
17	Fri	**5:27**	5.0	**5:49**	3.7			**12:04**	0.3	7:11	7:12	
18	Sat	**6:30**	5.2	**6:50**	4.1	**12:02**	-0.2	**1:04**	0.0	7:09	7:12	
19	Sun	**7:27**	5.4	**7:46**	4.5	**1:06**	-0.5	**1:57**	-0.3	7:08	7:13	
20	Mon	**8:20**	5.5	**8:38**	4.9	**2:05**	-0.8	**2:45**	-0.6	7:06	7:14	
21	Tue	**9:09**	5.4	**9:28**	5.2	**2:59**	-1.0	**3:29**	-0.8	7:05	7:15	
22	Wed	**9:56**	5.2	**10:15**	5.4	**3:51**	-1.1	**4:12**	-0.8	7:03	7:16	
23	Thu	**10:41**	4.9	**11:02**	5.5	**4:40**	-1.0	**4:54**	-0.7	7:02	7:17	
24	Fri	**11:25**	4.5	**11:47**	5.3	**5:30**	-0.7	**5:36**	-0.5	7:00	7:18	
25	Sat			**12:10**	4.1	**6:19**	-0.4	**6:20**	-0.2	6:59	7:19	
26	Sun	**12:33**	5.1	**12:55**	3.7	**7:11**	0.0	**7:06**	0.1	6:57	7:20	
27	Mon	**1:22**	4.7	**1:42**	3.4	**8:04**	0.4	**7:57**	0.4	6:56	7:21	
28	Tue	**2:14**	4.4	**2:36**	3.1	**9:02**	0.7	**8:51**	0.7	6:54	7:22	
29	Wed	**3:15**	4.1	**3:37**	3.0	**10:02**	1.0	**9:50**	0.8	6:53	7:22	
30	Thu	**4:21**	4.0	**4:42**	3.1	**11:04**	1.1	**10:51**	0.8	6:51	7:23	
31	Fri	**5:26**	4.1	**5:41**	3.3			**12:02**	1.0	6:50	7:24	