

































## Upshur Neck, VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:03	4.0	4:18	2.9	10:49	0.8	10:27	0.5	6:34	5:56	
2	Thu	5:05	4.1	5:15	3.0	11:51	0.8	11:24	0.4	6:32	5:57	
3	Fri	5:57	4.3	6:03	3.3			12:38	0.7	6:31	5:58	
4	Sat	6:41	4.4	6:46	3.5	12:15	0.2	1:15	0.6	6:30	5:59	
5	Sun	7:21	4.6	7:28	3.8	1:00	0.0	1:48	0.4	6:28	6:00	
6	Mon	7:59	4.8	8:07	4.1	1:42	-0.1	2:20	0.2	6:27	6:01	
7	Tue	8:36	4.8	8:46	4.4	2:21	-0.2	2:52	0.1	6:25	6:02	
8	Wed	9:12	4.8	9:25	4.6	3:00	-0.3	3:25	0.0	6:24	6:03	
9	Thu	9:48	4.7	10:03	4.7	3:39	-0.2	3:59	0.0	6:22	6:04	
10	Fri	10:25	4.5	10:42	4.8	4:20	-0.1	4:34	0.1	6:21	6:05	
11	Sat	11:03	4.2	11:23	4.9	5:04	0.0	5:12	0.1	6:20	6:06	
12	Sun			12:43	4.0	6:52	0.2	6:55	0.2	7:18	7:07	
13	Mon	1:09	4.9	1:30	3.7	7:46	0.4	7:45	0.3	7:17	7:08	
14	Tue	2:03	4.8	2:25	3.5	8:45	0.5	8:43	0.3	7:15	7:09	
15	Wed	3:07	4.8	3:30	3.3	9:50	0.6	9:47	0.2	7:14	7:10	
16	Thu	4:17	4.8	4:41	3.4	10:58	0.5	10:55	0.1	7:12	7:11	
17	Fri	5:27	5.0	5:49	3.7			12:04	0.3	7:11	7:12	
18	Sat	6:30	5.2	6:50	4.1	12:02	-0.2	1:04	0.0	7:09	7:12	
19	Sun	7:27	5.4	7:46	4.5	1:06	-0.5	1:57	-0.3	7:08	7:13	
20	Mon	8:20	5.5	8:38	4.9	2:05	-0.8	2:45	-0.6	7:06	7:14	
21	Tue	9:09	5.4	9:28	5.2	2:59	-1.0	3:29	-0.8	7:05	7:15	
22	Wed	9:56	5.2	10:15	5.4	3:51	-1.1	4:12	-0.8	7:03	7:16	
23	Thu	10:41	4.9	11:02	5.5	4:40	-1.0	4:54	-0.7	7:02	7:17	
24	Fri	11:25	4.5	11:47	5.3	5:30	-0.7	5:36	-0.5	7:00	7:18	
25	Sat			12:10	4.1	6:19	-0.4	6:20	-0.2	6:59	7:19	
26	Sun	12:33	5.1	12:55	3.7	7:11	0.0	7:06	0.1	6:57	7:20	
27	Mon	1:22	4.7	1:42	3.4	8:04	0.4	7:57	0.4	6:56	7:21	
28	Tue	2:14	4.4	2:36	3.1	9:02	0.7	8:51	0.7	6:54	7:22	
29	Wed	3:15	4.1	3:37	3.0	10:02	1.0	9:50	0.8	6:53	7:22	
30	Thu	4:21	4.0	4:42	3.1	11:04	1.1	10:51	0.8	6:51	7:23	
31	Fri	5:26	4.1	5:41	3.3			12:02	1.0	6:50	7:24	