US HARBORS www.USHarbors.com

Upshur Neck, VA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:19	5.7	6:36	3.8			1:00	-0.3	7:17	4:56	
2	Fri	7:15	5.9	7:32	3.9	12:48	-0.9	1:55	-0.5	7:17	4:56	
3	Sat	8:10	6.0	8:26	4.0	1:44	-1.1	2:47	-0.6	7:17	4:57	
4	Sun	9:03	5.9	9:19	4.0	2:37	-1.2	3:37	-0.7	7:17	4:58	
5	Mon	9:53	5.7	10:10	4.1	3:29	-1.1	4:25	-0.6	7:18	4:59	
6	Tue	10:41	5.4	11:01	4.1	4:21	-0.9	5:13	-0.5	7:18	5:00	
7	Wed	11:28	4.9	11:51	4.0	5:14	-0.6	6:00	-0.3	7:17	5:01	
8	Thu			12:13	4.4	6:08	-0.2	6:45	-0.2	7:17	5:02	
9	Fri	12:41	3.9	1:00	4.0	7:04	0.1	7:31	0.0	7:17	5:03	
10	Sat	1:34	3.9	1:49	3.5	8:01	0.4	8:16	0.2	7:17	5:03	
11	Sun	2:29	3.9	2:42	3.2	9:00	0.6	9:02	0.3	7:17	5:04	
12	Mon	3:27	3.9	3:38	3.0	10:00	0.7	9:51	0.4	7:17	5:05	
13	Tue	4:23	4.0	4:33	3.0	11:00	0.8	10:41	0.4	7:16	5:06	
14	Wed	5:16	4.2	5:24	3.0	11:56	0.7	11:31	0.3	7:16	5:07	
15	Thu	6:04	4.4	6:12	3.1			12:44	0.6	7:16	5:08	
16	Fri	6:50	4.7	6:57	3.3	12:20	0.1	1:26	0.5	7:16	5:09	
17	Sat	7:33	4.9	7:40	3.5	1:05	-0.1	2:05	0.3	7:15	5:11	
18	Sun	8:14	5.0	8:23	3.6	1:48	-0.2	2:43	0.2	7:15	5:12	
19	Mon	8:55	5.1	9:05	3.8	2:30	-0.4	3:20	0.0	7:14	5:13	
20	Tue	9:34	5.2	9:47	4.0	3:11	-0.4	3:58	-0.1	7:14	5:14	
21	Wed	10:13	5.1	10:30	4.1	3:54	-0.4	4:36	-0.1	7:13	5:15	
22	Thu	10:53	4.9	11:13	4.3	4:39	-0.3	5:16	-0.2	7:13	5:16	
23	Fri	11:34	4.6			5:28	-0.2	5:59	-0.2	7:12	5:17	
24	Sat	12:00	4.4	12:19	4.3	6:22	0.0	6:45	-0.2	7:12	5:18	
25	Sun	12:52	4.5	1:09	3.9	7:21	0.1	7:35	-0.1	7:11	5:19	
26	Mon	1:49	4.6	2:07	3.6	8:24	0.2	8:30	-0.2	7:10	5:20	
27	Tue	2:54	4.7	3:12	3.3	9:31	0.3	9:30	-0.2	7:10	5:21	
28	Wed	4:02	4.9	4:19	3.3	10:40	0.2	10:33	-0.4	7:09	5:22	
29	Thu	5:08	5.1	5:24	3.4	11:48	0.0	11:37	-0.6	7:08	5:24	
30	Fri	6:09	5.3	6:24	3.6			12:50	-0.2	7:07	5:25	
31	Sat	7:06	5.5	7:19	3.8	12:38	-0.8	1:43	-0.4	7:07	5:26	