


































Upshur Neck, VA - Mar 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 6:54 | 5.1 | 7:07 | 4.0 | 12:30 | -0.6 | 1:25 | -0.2 | 6:33 | 5:56 |  |
| 2 | Mon | 7:42 | 5.1 | 7:55 | 4.3 | 1:25 | -0.8 | 2:08 | -0.4 | 6:32 | 5:57 |  |
| 3 | Tue | 8:26 | 5.1 | 8:40 | 4.6 | 2:14 | -0.9 | 2:47 | -0.5 | 6:31 | 5:58 |  |
| 4 | Wed | 9:07 | 4.9 | 9:22 | 4.7 | 3:00 | -0.8 | 3:25 | -0.5 | 6:29 | 5:59 |  |
| 5 | Thu | 9:46 | 4.6 | 10:03 | 4.8 | 3:43 | -0.7 | 4:01 | -0.4 | 6:28 | 6:00 |  |
| 6 | Fri | 10:25 | 4.3 | 10:44 | 4.7 | 4:26 | -0.5 | 4:37 | -0.2 | 6:26 | 6:01 |  |
| 7 | Sat | 11:04 | 4.0 | 11:25 | 4.6 | 5:10 | -0.2 | 5:15 | 0.0 | 6:25 | 6:02 |  |
| 8 | Sun | | | 12:44 | 3.7 | 6:55 | 0.2 | 6:55 | 0.3 | 7:24 | 7:03 |  |
| 9 | Mon | 1:08 | 4.4 | 1:26 | 3.4 | 7:42 | 0.5 | 7:39 | 0.5 | 7:22 | 7:04 |  |
| 10 | Tue | 1:56 | 4.2 | 2:14 | 3.1 | 8:33 | 0.8 | 8:28 | 0.7 | 7:21 | 7:05 |  |
| 11 | Wed | 2:52 | 4.0 | 3:09 | 3.0 | 9:29 | 1.0 | 9:23 | 0.8 | 7:19 | 7:06 |  |
| 12 | Thu | 3:54 | 4.0 | 4:11 | 3.0 | 10:28 | 1.1 | 10:21 | 0.7 | 7:18 | 7:07 |  |
| 13 | Fri | 4:58 | 4.1 | 5:13 | 3.1 | 11:28 | 1.1 | 11:20 | 0.6 | 7:16 | 7:08 |  |
| 14 | Sat | 5:56 | 4.3 | 6:08 | 3.4 | | | 12:23 | 0.9 | 7:15 | 7:09 |  |
| 15 | Sun | 6:46 | 4.6 | 6:58 | 3.8 | 12:17 | 0.4 | 1:11 | 0.7 | 7:13 | 7:10 |  |
| 16 | Mon | 7:31 | 4.8 | 7:44 | 4.2 | 1:10 | 0.1 | 1:53 | 0.3 | 7:12 | 7:11 |  |
| 17 | Tue | 8:14 | 5.0 | 8:28 | 4.7 | 2:00 | -0.2 | 2:33 | 0.0 | 7:10 | 7:12 |  |
| 18 | Wed | 8:56 | 5.1 | 9:12 | 5.1 | 2:47 | -0.5 | 3:12 | -0.2 | 7:09 | 7:13 |  |
| 19 | Thu | 9:39 | 5.1 | 9:57 | 5.4 | 3:33 | -0.6 | 3:52 | -0.4 | 7:07 | 7:14 |  |
| 20 | Fri | 10:22 | 5.0 | 10:42 | 5.6 | 4:20 | -0.7 | 4:33 | -0.5 | 7:06 | 7:15 |  |
| 21 | Sat | 11:06 | 4.7 | 11:29 | 5.7 | 5:09 | -0.7 | 5:16 | -0.5 | 7:04 | 7:15 |  |
| 22 | Sun | 11:53 | 4.4 | | | 6:00 | -0.5 | 6:02 | -0.4 | 7:03 | 7:16 |  |
| 23 | Mon | 12:19 | 5.6 | 12:42 | 4.1 | 6:55 | -0.2 | 6:54 | -0.2 | 7:01 | 7:17 |  |
| 24 | Tue | 1:13 | 5.4 | 1:36 | 3.7 | 7:55 | 0.1 | 7:52 | 0.0 | 7:00 | 7:18 |  |
| 25 | Wed | 2:14 | 5.1 | 2:38 | 3.5 | 9:00 | 0.3 | 8:56 | 0.1 | 6:58 | 7:19 |  |
| 26 | Thu | 3:23 | 4.9 | 3:48 | 3.4 | 10:08 | 0.5 | 10:04 | 0.2 | 6:57 | 7:20 |  |
| 27 | Fri | 4:36 | 4.7 | 5:02 | 3.5 | 11:16 | 0.5 | 11:14 | 0.1 | 6:55 | 7:21 |  |
| 28 | Sat | 5:46 | 4.7 | 6:08 | 3.7 | | | 12:20 | 0.3 | 6:54 | 7:22 |  |
| 29 | Sun | 6:45 | 4.7 | 7:04 | 4.1 | 12:21 | 0.0 | 1:13 | 0.1 | 6:52 | 7:23 |  |
| 30 | Mon | 7:34 | 4.8 | 7:51 | 4.5 | 1:21 | -0.2 | 1:58 | 0.0 | 6:51 | 7:24 |  |
| 31 | Tue | 8:18 | 4.7 | 8:34 | 4.8 | 2:14 | -0.4 | 2:37 | -0.2 | 6:49 | 7:24 |  |