US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:50	5.5	9:11	5.5	2:42	-1.2	3:09	-1.0	6:33	5:57	
2	Fri	9:38	5.3	10:01	5.7	3:33	-1.2	3:54	-1.0	6:32	5:58	
3	Sat	10:26	5.0	10:52	5.6	4:26	-1.1	4:41	-1.0	6:30	5:59	
4	Sun	11:15	4.6	11:44	5.4	5:20	-0.8	5:31	-0.8	6:29	6:00	
5	Mon			12:06	4.1	6:18	-0.5	6:24	-0.5	6:27	6:01	
6	Tue	12:40	5.1	1:01	3.7	7:19	-0.1	7:22	-0.3	6:26	6:02	
7	Wed	1:42	4.8	2:03	3.4	8:25	0.2	8:24	0.0	6:25	6:03	
8	Thu	2:51	4.5	3:13	3.2	9:33	0.4	9:30	0.1	6:23	6:04	
9	Fri	4:05	4.4	4:24	3.3	10:43	0.5	10:36	0.1	6:22	6:05	
10	Sat	5:11	4.4	5:24	3.4	11:45	0.4	11:38	0.0	6:20	6:05	
11	Sun	7:03	4.4	7:13	3.7			1:34	0.3	7:19	7:06	
12	Mon	7:47	4.5	7:56	4.0	1:31	-0.1	2:13	0.2	7:17	7:07	
13	Tue	8:25	4.5	8:35	4.3	2:17	-0.2	2:47	0.1	7:16	7:08	
14	Wed	9:01	4.5	9:13	4.5	2:57	-0.3	3:19	0.0	7:14	7:09	
15	Thu	9:37	4.5	9:51	4.7	3:35	-0.3	3:50	0.0	7:13	7:10	
16	Fri	10:14	4.4	10:28	4.8	4:12	-0.2	4:23	0.0	7:11	7:11	
17	Sat	10:50	4.3	11:07	4.8	4:50	-0.1	4:57	0.1	7:10	7:12	
18	Sun	11:27	4.1	11:45	4.8	5:29	0.1	5:32	0.2	7:08	7:13	
19	Mon			12:05	3.9	6:09	0.3	6:10	0.4	7:07	7:14	
20	Tue	12:26	4.7	12:44	3.7	6:53	0.5	6:51	0.5	7:05	7:15	
21	Wed	1:09	4.6	1:27	3.5	7:41	0.7	7:39	0.6	7:04	7:16	
22	Thu	1:59	4.5	2:17	3.4	8:34	0.9	8:33	0.6	7:02	7:17	
23	Fri	2:56	4.4	3:17	3.4	9:32	0.9	9:33	0.6	7:01	7:17	
24	Sat	3:59	4.5	4:22	3.6	10:31	0.8	10:36	0.4	6:59	7:18	
25	Sun	5:02	4.7	5:24	3.9	11:30	0.6	11:39	0.1	6:58	7:19	
26	Mon	6:00	4.9	6:22	4.4			12:25	0.2	6:56	7:20	
27	Tue	6:54	5.2	7:16	5.0	12:40	-0.2	1:17	-0.1	6:55	7:21	
28	Wed	7:46	5.3	8:08	5.5	1:38	-0.6	2:06	-0.5	6:53	7:22	
29	Thu	8:36	5.4	8:59	5.9	2:34	-0.9	2:53	-0.8	6:52	7:23	
30	Fri	9:26	5.3	9:49	6.1	3:27	-1.1	3:40	-1.0	6:50	7:24	
31	Sat	10:16	5.1	10:40	6.2	4:19	-1.1	4:27	-1.0	6:49	7:25	