US HARBORS www.USHarbors.com

Upshur Neck, VA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**5:43**	5.5	**5:59**	3.9			**12:20**	-0.3	7:17	4:56	
2	Wed	**6:39**	5.7	**6:55**	4.0	**12:15**	-0.9	**1:17**	-0.5	7:17	4:56	
3	Thu	**7:34**	5.8	**7:49**	4.1	**1:11**	-1.1	**2:10**	-0.7	7:17	4:57	
4	Fri	**8:25**	5.8	**8:41**	4.2	**2:04**	-1.2	**2:59**	-0.7	7:17	4:58	
5	Sat	**9:15**	5.7	**9:32**	4.2	**2:55**	-1.2	**3:46**	-0.7	7:18	4:59	
6	Sun	**10:02**	5.4	**10:20**	4.2	**3:44**	-1.0	**4:31**	-0.6	7:18	5:00	
7	Mon	**10:47**	5.1	**11:08**	4.1	**4:34**	-0.8	**5:16**	-0.5	7:17	5:01	
8	Tue	**11:31**	4.6	**11:55**	4.0	**5:23**	-0.4	**6:00**	-0.3	7:17	5:02	
9	Wed			**12:15**	4.2	**6:15**	-0.1	**6:45**	-0.1	7:17	5:03	
10	Thu	**12:44**	3.9	**1:00**	3.8	**7:07**	0.2	**7:30**	0.1	7:17	5:03	
11	Fri	**1:35**	3.9	**1:49**	3.4	**8:02**	0.5	**8:15**	0.3	7:17	5:04	
12	Sat	**2:30**	3.8	**2:43**	3.2	**8:58**	0.7	**9:03**	0.3	7:17	5:05	
13	Sun	**3:28**	3.9	**3:39**	3.1	**9:56**	0.8	**9:53**	0.4	7:16	5:06	
14	Mon	**4:25**	4.1	**4:34**	3.1	**10:54**	0.8	**10:44**	0.3	7:16	5:07	
15	Tue	**5:17**	4.3	**5:25**	3.2	**11:48**	0.7	**11:35**	0.1	7:16	5:08	
16	Wed	**6:05**	4.5	**6:13**	3.4			**12:36**	0.5	7:16	5:10	
17	Thu	**6:50**	4.8	**6:59**	3.6	**12:23**	0.0	**1:20**	0.3	7:15	5:11	
18	Fri	**7:33**	5.0	**7:43**	3.8	**1:09**	-0.2	**2:00**	0.1	7:15	5:12	
19	Sat	**8:15**	5.2	**8:27**	4.0	**1:53**	-0.4	**2:40**	-0.1	7:14	5:13	
20	Sun	**8:56**	5.3	**9:11**	4.2	**2:36**	-0.5	**3:20**	-0.2	7:14	5:14	
21	Mon	**9:37**	5.3	**9:55**	4.4	**3:20**	-0.6	**4:00**	-0.4	7:13	5:15	
22	Tue	**10:19**	5.2	**10:39**	4.5	**4:05**	-0.6	**4:41**	-0.4	7:13	5:16	
23	Wed	**11:02**	5.0	**11:26**	4.6	**4:54**	-0.5	**5:25**	-0.4	7:12	5:17	
24	Thu	**11:47**	4.6			**5:46**	-0.3	**6:12**	-0.4	7:12	5:18	
25	Fri	**12:17**	4.7	**12:36**	4.3	**6:43**	-0.1	**7:02**	-0.4	7:11	5:19	
26	Sat	**1:12**	4.7	**1:31**	3.9	**7:44**	0.0	**7:57**	-0.3	7:10	5:20	
27	Sun	**2:14**	4.7	**2:33**	3.6	**8:48**	0.1	**8:56**	-0.3	7:10	5:21	
28	Mon	**3:21**	4.7	**3:39**	3.5	**9:56**	0.2	**9:58**	-0.4	7:09	5:22	
29	Tue	**4:28**	4.9	**4:45**	3.5	**11:04**	0.1	**11:01**	-0.6	7:08	5:24	
30	Wed	**5:31**	5.0	**5:46**	3.6			**12:08**	-0.1	7:07	5:25	
31	Thu	**6:29**	5.2	**6:43**	3.8	**12:02**	-0.7	**1:05**	-0.3	7:07	5:26	