US HARBORS www.USHarbors.com

Upshur Neck, VA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:39**	4.0	**10:04**	5.4	**3:54**	0.4	**3:43**	0.2	5:46	8:28	
2	Tue	**10:21**	4.1	**10:44**	5.4	**4:32**	0.3	**4:24**	0.2	5:46	8:28	
3	Wed	**11:03**	4.2	**11:24**	5.3	**5:10**	0.3	**5:06**	0.3	5:47	8:28	
4	Thu	**11:45**	4.3			**5:50**	0.3	**5:51**	0.3	5:47	8:27	
5	Fri	**12:04**	5.2	**12:29**	4.5	**6:31**	0.3	**6:40**	0.5	5:48	8:27	
6	Sat	**12:46**	5.0	**1:16**	4.6	**7:14**	0.3	**7:34**	0.6	5:48	8:27	
7	Sun	**1:31**	4.7	**2:07**	4.8	**8:01**	0.2	**8:31**	0.6	5:49	8:27	
8	Mon	**2:22**	4.5	**3:04**	5.0	**8:50**	0.2	**9:33**	0.6	5:49	8:26	
9	Tue	**3:20**	4.2	**4:05**	5.2	**9:44**	0.1	**10:36**	0.5	5:50	8:26	
10	Wed	**4:22**	4.1	**5:08**	5.5	**10:40**	0.0	**11:41**	0.4	5:51	8:26	
11	Thu	**5:25**	4.0	**6:09**	5.8	**11:40**	-0.2			5:51	8:25	
12	Fri	**6:26**	4.1	**7:07**	6.0	**12:46**	0.2	**12:40**	-0.4	5:52	8:25	
13	Sat	**7:25**	4.3	**8:03**	6.2	**1:46**	-0.1	**1:39**	-0.6	5:53	8:25	
14	Sun	**8:21**	4.4	**8:57**	6.2	**2:41**	-0.3	**2:36**	-0.8	5:53	8:24	
15	Mon	**9:16**	4.6	**9:49**	6.1	**3:32**	-0.5	**3:29**	-0.8	5:54	8:24	
16	Tue	**10:09**	4.7	**10:38**	5.9	**4:21**	-0.5	**4:22**	-0.8	5:55	8:23	
17	Wed	**11:00**	4.8	**11:25**	5.6	**5:07**	-0.5	**5:13**	-0.6	5:55	8:23	
18	Thu	**11:50**	4.8			**5:53**	-0.4	**6:05**	-0.3	5:56	8:22	
19	Fri	**12:11**	5.2	**12:38**	4.7	**6:39**	-0.2	**6:58**	0.1	5:57	8:21	
20	Sat	**12:56**	4.7	**1:27**	4.6	**7:25**	0.0	**7:53**	0.4	5:58	8:21	
21	Sun	**1:42**	4.3	**2:18**	4.5	**8:10**	0.3	**8:49**	0.7	5:58	8:20	
22	Mon	**2:31**	3.9	**3:13**	4.4	**8:57**	0.5	**9:46**	1.0	5:59	8:19	
23	Tue	**3:24**	3.6	**4:10**	4.4	**9:45**	0.6	**10:44**	1.1	6:00	8:19	
24	Wed	**4:21**	3.4	**5:07**	4.5	**10:35**	0.7	**11:42**	1.1	6:01	8:18	
25	Thu	**5:17**	3.4	**6:00**	4.7	**11:26**	0.7			6:01	8:17	
26	Fri	**6:10**	3.5	**6:49**	4.9	**12:37**	1.1	**12:17**	0.6	6:02	8:16	
27	Sat	**6:58**	3.7	**7:33**	5.1	**1:25**	1.0	**1:07**	0.5	6:03	8:15	
28	Sun	**7:44**	3.9	**8:16**	5.3	**2:07**	0.8	**1:53**	0.3	6:04	8:15	
29	Mon	**8:29**	4.2	**8:57**	5.5	**2:46**	0.6	**2:37**	0.2	6:05	8:14	
30	Tue	**9:12**	4.4	**9:38**	5.6	**3:24**	0.4	**3:20**	0.1	6:06	8:13	
31	Wed	**9:54**	4.6	**10:18**	5.6	**4:02**	0.3	**4:02**	0.1	6:06	8:12	