US HARBORS www.USHarbors.com

Upshur Neck, VA - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:37	4.8	10:58	5.5	4:40	0.2	4:46	0.1	6:07	8:11	
2	Fri	11:20	5.0	11:39	5.3	5:19	0.1	5:32	0.2	6:08	8:10	
3	Sat			12:04	5.1	6:00	0.1	6:21	0.3	6:09	8:09	
4	Sun	12:22	5.0	12:51	5.2	6:44	0.1	7:15	0.4	6:10	8:08	
5	Mon	1:08	4.7	1:43	5.3	7:32	0.2	8:14	0.6	6:11	8:07	
6	Tue	1:59	4.4	2:41	5.3	8:24	0.2	9:16	0.7	6:11	8:06	
7	Wed	2:58	4.1	3:45	5.3	9:21	0.2	10:21	0.7	6:12	8:05	
8	Thu	4:03	4.0	4:51	5.5	10:21	0.1	11:28	0.6	6:13	8:04	
9	Fri	5:10	4.0	5:56	5.6	11:25	0.0			6:14	8:02	
10	Sat	6:13	4.1	6:55	5.8	12:33	0.4	12:28	-0.2	6:15	8:01	
11	Sun	7:12	4.3	7:50	5.9	1:32	0.2	1:28	-0.4	6:16	8:00	
12	Mon	8:07	4.6	8:41	5.9	2:24	-0.1	2:24	-0.5	6:16	7:59	
13	Tue	8:59	4.8	9:29	5.8	3:12	-0.3	3:16	-0.6	6:17	7:58	
14	Wed	9:48	5.0	10:14	5.6	3:56	-0.4	4:05	-0.5	6:18	7:57	
15	Thu	10:35	5.1	10:58	5.3	4:38	-0.3	4:53	-0.3	6:19	7:55	
16	Fri	11:20	5.1	11:40	5.0	5:19	-0.2	5:40	-0.1	6:20	7:54	
17	Sat			12:05	5.1	6:00	0.0	6:28	0.3	6:21	7:53	
18	Sun	12:22	4.6	12:50	4.9	6:42	0.3	7:18	0.6	6:22	7:51	
19	Mon	1:05	4.2	1:37	4.7	7:25	0.5	8:09	0.9	6:22	7:50	
20	Tue	1:51	3.9	2:28	4.6	8:12	0.7	9:04	1.2	6:23	7:49	
21	Wed	2:42	3.6	3:25	4.5	9:01	0.9	10:00	1.4	6:24	7:47	
22	Thu	3:39	3.5	4:25	4.5	9:54	1.0	10:58	1.4	6:25	7:46	
23	Fri	4:39	3.5	5:23	4.7	10:49	1.0	11:54	1.3	6:26	7:45	
24	Sat	5:36	3.7	6:15	4.9	11:43	0.9			6:27	7:43	
25	Sun	6:28	4.0	7:02	5.2	12:45	1.2	12:36	0.7	6:27	7:42	
26	Mon	7:15	4.3	7:45	5.4	1:29	0.9	1:25	0.5	6:28	7:41	
27	Tue	7:59	4.6	8:27	5.6	2:10	0.7	2:12	0.3	6:29	7:39	
28	Wed	8:43	5.0	9:08	5.7	2:49	0.4	2:57	0.1	6:30	7:38	
29	Thu	9:26	5.3	9:49	5.7	3:28	0.2	3:41	0.0	6:31	7:36	
30	Fri	10:10	5.5	10:31	5.5	4:07	0.0	4:27	-0.1	6:32	7:35	
31	Sat	10:54	5.7	11:15	5.3	4:47	0.0	5:14	0.0	6:32	7:33	