



























Upshur Neck, VA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:44	4.7	6:00	3.8			12:17	0.0	6:33	5:57	
2	Thu	6:36	4.7	6:49	4.0	12:17	-0.4	1:06	-0.2	6:32	5:58	
3	Fri	7:21	4.8	7:34	4.2	1:08	-0.5	1:49	-0.3	6:31	5:59	
4	Sat	8:03	4.8	8:16	4.3	1:54	-0.6	2:27	-0.3	6:29	5:59	
5	Sun	8:42	4.8	8:56	4.5	2:36	-0.6	3:03	-0.3	6:28	6:00	
6	Mon	9:21	4.7	9:36	4.5	3:16	-0.6	3:38	-0.3	6:26	6:01	
7	Tue	9:59	4.5	10:16	4.6	3:55	-0.4	4:14	-0.1	6:25	6:02	
8	Wed	10:38	4.3	10:56	4.5	4:35	-0.2	4:50	0.0	6:23	6:03	
9	Thu	11:17	4.1	11:37	4.4	5:16	0.1	5:29	0.2	6:22	6:04	
10	Fri	11:57	3.9			6:00	0.3	6:10	0.4	6:20	6:05	
11	Sat	12:21	4.3	12:41	3.7	6:47	0.6	6:56	0.6	6:19	6:06	
12	Sun	1:09	4.2	2:29	3.5	8:38	0.8	8:46	0.7	7:18	7:07	
13	Mon	3:03	4.2	3:25	3.4	9:33	0.9	9:40	0.7	7:16	7:08	
14	Tue	4:03	4.2	4:25	3.5	10:30	0.9	10:37	0.5	7:15	7:09	
15	Wed	5:02	4.4	5:23	3.7	11:27	0.7	11:36	0.3	7:13	7:10	
16	Thu	5:59	4.7	6:18	4.1			12:23	0.5	7:12	7:11	
17	Fri	6:51	5.0	7:10	4.5	12:33	0.0	1:15	0.1	7:10	7:12	
18	Sat	7:41	5.3	8:00	5.0	1:28	-0.4	2:04	-0.3	7:09	7:13	
19	Sun	8:30	5.5	8:50	5.4	2:21	-0.7	2:51	-0.6	7:07	7:14	
20	Mon	9:18	5.6	9:39	5.7	3:12	-1.0	3:37	-0.8	7:06	7:15	
21	Tue	10:07	5.5	10:29	5.9	4:02	-1.1	4:23	-1.0	7:04	7:15	
22	Wed	10:56	5.3	11:20	5.9	4:54	-1.1	5:11	-0.9	7:03	7:16	
23	Thu	11:45	5.0			5:47	-0.9	6:01	-0.8	7:01	7:17	
24	Fri	12:11	5.7	12:36	4.6	6:42	-0.7	6:54	-0.6	7:00	7:18	
25	Sat	1:05	5.5	1:31	4.2	7:41	-0.4	7:51	-0.3	6:58	7:19	
26	Sun	2:04	5.1	2:30	3.9	8:43	-0.1	8:51	-0.1	6:57	7:20	
27	Mon	3:07	4.8	3:36	3.7	9:47	0.2	9:55	0.1	6:55	7:21	
28	Tue	4:16	4.6	4:45	3.6	10:53	0.3	11:01	0.1	6:54	7:22	
29	Wed	5:25	4.5	5:50	3.8	11:57	0.3			6:52	7:23	
30	Thu	6:24	4.5	6:44	4.0	12:05	0.1	12:52	0.2	6:51	7:24	
31	Fri	7:14	4.5	7:30	4.2	1:03	0.0	1:39	0.1	6:49	7:25	