US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:11	4.9	10:28	4.8	4:01	-0.4	4:26	-0.2	6:33	5:57	
2	Fri	10:51	4.7	11:11	4.9	4:46	-0.3	5:06	-0.1	6:31	5:58	
3	Sat	11:33	4.4	11:58	4.9	5:35	-0.2	5:49	-0.1	6:30	5:59	
4	Sun			12:19	4.0	6:29	0.0	6:38	0.0	6:28	6:00	
5	Mon	12:51	4.9	1:12	3.7	7:28	0.2	7:32	0.1	6:27	6:01	
6	Tue	1:51	4.8	2:14	3.5	8:32	0.3	8:33	0.1	6:25	6:02	
7	Wed	2:59	4.8	3:23	3.4	9:40	0.4	9:38	0.0	6:24	6:03	
8	Thu	4:10	4.9	4:32	3.5	10:48	0.3	10:45	-0.2	6:23	6:04	
9	Fri	5:16	5.1	5:36	3.8	11:53	0.1	11:50	-0.5	6:21	6:05	
10	Sat	6:16	5.3	6:33	4.1			12:50	-0.2	6:20	6:06	
11	Sun	8:09	5.4	8:26	4.4	12:50	-0.7	2:39	-0.4	7:18	7:07	
12	Mon	8:59	5.4	9:15	4.7	2:44	-0.9	3:24	-0.6	7:17	7:08	
13	Tue	9:45	5.3	10:02	4.9	3:35	-1.0	4:06	-0.7	7:15	7:09	
14	Wed	10:29	5.0	10:46	5.0	4:23	-1.0	4:46	-0.6	7:14	7:10	
15	Thu	11:11	4.7	11:30	5.0	5:09	-0.8	5:26	-0.4	7:12	7:10	
16	Fri	11:53	4.3			5:56	-0.5	6:06	-0.2	7:11	7:11	
17	Sat	12:13	4.8	12:34	4.0	6:43	-0.1	6:47	0.1	7:09	7:12	
18	Sun	12:57	4.6	1:18	3.6	7:32	0.3	7:32	0.4	7:08	7:13	
19	Mon	1:44	4.4	2:05	3.3	8:24	0.6	8:20	0.6	7:06	7:14	
20	Tue	2:37	4.2	2:59	3.1	9:19	0.9	9:13	0.8	7:05	7:15	
21	Wed	3:38	4.0	4:00	3.0	10:17	1.0	10:10	0.8	7:03	7:16	
22	Thu	4:42	4.0	5:02	3.1	11:17	1.1	11:09	0.8	7:02	7:17	
23	Fri	5:42	4.2	5:58	3.4			12:13	1.0	7:00	7:18	
24	Sat	6:34	4.4	6:47	3.7	12:06	0.6	1:01	0.8	6:59	7:19	
25	Sun	7:19	4.6	7:32	4.1	12:58	0.4	1:43	0.6	6:57	7:20	
26	Mon	8:01	4.8	8:14	4.4	1:46	0.1	2:21	0.3	6:56	7:21	
27	Tue	8:42	5.0	8:56	4.8	2:31	-0.1	2:59	0.1	6:54	7:21	
28	Wed	9:22	5.0	9:38	5.1	3:14	-0.3	3:36	-0.1	6:53	7:22	
29	Thu	10:03	5.0	10:20	5.4	3:58	-0.4	4:14	-0.2	6:51	7:23	
30	Fri	10:45	4.8	11:04	5.5	4:43	-0.5	4:54	-0.3	6:50	7:24	
31	Sat	11:28	4.6	11:50	5.6	5:31	-0.4	5:37	-0.2	6:48	7:25	