US HARBORS www.USHarbors.com

Upshur Neck, VA - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:42	4.7	3:23	4.4	9:16	0.0	9:45	0.4	5:46	8:28	
2	Mon	3:40	4.2	4:25	4.5	10:07	0.1	10:50	0.5	5:46	8:28	
3	Tue	4:39	3.9	5:23	4.7	10:57	0.2	11:55	0.6	5:47	8:27	
4	Wed	5:36	3.6	6:15	4.8	11:46	0.3			5:47	8:27	
5	Thu	6:27	3.5	7:01	5.0	12:55	0.6	12:34	0.3	5:48	8:27	
6	Fri	7:13	3.5	7:44	5.1	1:47	0.5	1:20	0.3	5:49	8:27	
7	Sat	7:57	3.6	8:26	5.2	2:30	0.5	2:03	0.3	5:49	8:27	
8	Sun	8:40	3.7	9:07	5.3	3:09	0.4	2:45	0.2	5:50	8:26	
9	Mon	9:22	3.7	9:49	5.3	3:46	0.4	3:26	0.2	5:50	8:26	
10	Tue	10:04	3.8	10:29	5.3	4:22	0.4	4:06	0.2	5:51	8:26	
11	Wed	10:45	3.9	11:09	5.2	4:59	0.5	4:46	0.3	5:52	8:25	
12	Thu	11:26	3.9	11:48	5.1	5:37	0.5	5:27	0.4	5:52	8:25	
13	Fri			12:08	4.0	6:16	0.6	6:11	0.6	5:53	8:24	
14	Sat	12:27	4.9	12:50	4.1	6:55	0.6	6:58	0.7	5:54	8:24	
15	Sun	1:08	4.7	1:35	4.2	7:36	0.6	7:49	0.8	5:54	8:23	
16	Mon	1:51	4.5	2:24	4.4	8:19	0.6	8:44	0.9	5:55	8:23	
17	Tue	2:39	4.3	3:18	4.6	9:05	0.6	9:43	0.9	5:56	8:22	
18	Wed	3:34	4.1	4:16	4.9	9:55	0.5	10:45	0.8	5:57	8:22	
19	Thu	4:33	4.0	5:15	5.3	10:48	0.3	11:48	0.6	5:57	8:21	
20	Fri	5:34	4.0	6:14	5.7	11:45	0.1			5:58	8:20	
21	Sat	6:33	4.1	7:11	6.1	12:51	0.3	12:43	-0.2	5:59	8:20	
22	Sun	7:30	4.2	8:07	6.3	1:50	0.0	1:41	-0.5	6:00	8:19	
23	Mon	8:26	4.4	9:02	6.5	2:46	-0.2	2:38	-0.7	6:00	8:18	
24	Tue	9:21	4.6	9:56	6.5	3:38	-0.4	3:33	-0.8	6:01	8:17	
25	Wed	10:16	4.7	10:48	6.3	4:29	-0.5	4:27	-0.8	6:02	8:17	
26	Thu	11:10	4.8	11:39	6.0	5:19	-0.5	5:22	-0.7	6:03	8:16	
27	Fri			12:03	4.9	6:09	-0.4	6:18	-0.4	6:04	8:15	
28	Sat	12:28	5.5	12:56	4.8	6:58	-0.3	7:17	-0.1	6:04	8:14	
29	Sun	1:18	5.0	1:51	4.8	7:48	-0.1	8:17	0.3	6:05	8:13	
30	Mon	2:09	4.4	2:47	4.7	8:38	0.1	9:19	0.6	6:06	8:12	
31	Tue	3:04	4.0	3:47	4.6	9:28	0.4	10:23	0.8	6:07	8:11	