

































Upshur Neck, VA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:20	5.6	6:36	3.8			12:58	-0.2	7:17	4:56	
2	Mon	7:15	6.0	7:31	4.0	12:48	-0.8	1:52	-0.4	7:17	4:57	
3	Tue	8:09	6.1	8:25	4.2	1:43	-1.0	2:44	-0.6	7:17	4:57	
4	Wed	9:02	6.2	9:19	4.3	2:37	-1.2	3:35	-0.8	7:17	4:58	
5	Thu	9:54	6.0	10:13	4.4	3:30	-1.2	4:25	-0.8	7:17	4:59	
6	Fri	10:44	5.7	11:07	4.4	4:25	-1.1	5:15	-0.8	7:17	5:00	
7	Sat	11:34	5.3			5:21	-0.8	6:05	-0.7	7:17	5:01	
8	Sun	12:01	4.4	12:24	4.7	6:20	-0.5	6:55	-0.5	7:17	5:02	
9	Mon	12:57	4.3	1:16	4.1	7:22	-0.2	7:46	-0.3	7:17	5:03	
10	Tue	1:56	4.3	2:12	3.6	8:25	0.1	8:37	-0.2	7:17	5:04	
11	Wed	2:59	4.2	3:11	3.2	9:31	0.4	9:30	0.0	7:17	5:05	
12	Thu	4:02	4.2	4:12	3.0	10:39	0.5	10:23	0.1	7:17	5:06	
13	Fri	5:00	4.3	5:08	3.0	11:44	0.5	11:17	0.1	7:16	5:07	
14	Sat	5:52	4.4	5:58	3.0			12:39	0.4	7:16	5:08	
15	Sun	6:38	4.5	6:43	3.1	12:08	0.0	1:23	0.4	7:16	5:09	
16	Mon	7:21	4.7	7:26	3.3	12:54	-0.1	2:01	0.3	7:15	5:10	
17	Tue	8:02	4.8	8:07	3.4	1:37	-0.2	2:36	0.2	7:15	5:11	
18	Wed	8:41	4.8	8:48	3.6	2:17	-0.3	3:09	0.2	7:15	5:12	
19	Thu	9:19	4.9	9:29	3.7	2:56	-0.3	3:43	0.1	7:14	5:13	
20	Fri	9:56	4.8	10:08	3.8	3:35	-0.2	4:18	0.1	7:14	5:14	
21	Sat	10:32	4.7	10:48	3.9	4:14	-0.1	4:53	0.1	7:13	5:15	
22	Sun	11:09	4.5	11:28	4.0	4:56	0.0	5:29	0.2	7:13	5:16	
23	Mon	11:46	4.2			5:41	0.2	6:07	0.2	7:12	5:17	
24	Tue	12:10	4.1	12:26	3.9	6:30	0.4	6:49	0.2	7:11	5:18	
25	Wed	12:57	4.2	1:13	3.6	7:24	0.5	7:35	0.2	7:11	5:20	
26	Thu	1:52	4.3	2:08	3.4	8:24	0.5	8:28	0.2	7:10	5:21	
27	Fri	2:53	4.5	3:11	3.3	9:28	0.5	9:26	0.0	7:09	5:22	
28	Sat	3:59	4.7	4:16	3.3	10:34	0.4	10:29	-0.2	7:09	5:23	
29	Sun	5:02	5.1	5:19	3.5	11:40	0.2	11:32	-0.5	7:08	5:24	
30	Mon	6:03	5.4	6:18	3.7			12:40	-0.2	7:07	5:25	
31	Tue	7:00	5.7	7:15	4.1	12:32	-0.9	1:35	-0.5	7:06	5:26	