































## Upshur Neck, VA - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:42	3.8	11:07	5.2	5:00	0.4	4:45	0.2	5:46	8:28	
2	Sun	11:24	3.9	11:47	5.0	5:38	0.5	5:26	0.4	5:46	8:28	
3	Mon			12:05	3.9	6:15	0.6	6:10	0.6	5:47	8:28	
4	Tue	12:26	4.8	12:48	4.0	6:53	0.6	6:56	0.7	5:47	8:27	
5	Wed	1:05	4.5	1:32	4.1	7:32	0.7	7:45	0.9	5:48	8:27	
6	Thu	1:46	4.3	2:19	4.2	8:12	0.7	8:38	1.0	5:48	8:27	
7	Fri	2:31	4.0	3:10	4.4	8:55	0.7	9:34	1.1	5:49	8:27	
8	Sat	3:22	3.8	4:05	4.7	9:41	0.7	10:32	1.0	5:50	8:26	
9	Sun	4:19	3.7	5:02	5.0	10:31	0.6	11:33	0.9	5:50	8:26	
10	Mon	5:17	3.7	5:58	5.3	11:25	0.4			5:51	8:26	
11	Tue	6:14	3.8	6:53	5.7	12:33	0.7	12:22	0.1	5:51	8:25	
12	Wed	7:10	4.0	7:48	6.1	1:32	0.4	1:20	-0.2	5:52	8:25	
13	Thu	8:05	4.2	8:41	6.3	2:27	0.1	2:15	-0.4	5:53	8:24	
14	Fri	9:00	4.4	9:34	6.4	3:18	-0.2	3:10	-0.7	5:54	8:24	
15	Sat	9:54	4.6	10:26	6.4	4:08	-0.4	4:04	-0.8	5:54	8:23	
16	Sun	10:48	4.8	11:17	6.1	4:57	-0.5	4:58	-0.7	5:55	8:23	
17	Mon	11:41	5.0			5:46	-0.5	5:55	-0.5	5:56	8:22	
18	Tue	12:06	5.7	12:35	5.0	6:35	-0.4	6:53	-0.3	5:56	8:22	
19	Wed	12:56	5.2	1:29	5.0	7:25	-0.3	7:54	0.1	5:57	8:21	
20	Thu	1:48	4.7	2:27	5.0	8:15	-0.1	8:58	0.4	5:58	8:20	
21	Fri	2:42	4.1	3:28	4.9	9:07	0.0	10:04	0.6	5:59	8:20	
22	Sat	3:42	3.7	4:31	4.9	10:00	0.2	11:12	0.7	5:59	8:19	
23	Sun	4:44	3.4	5:33	4.9	10:55	0.4			6:00	8:18	
24	Mon	5:45	3.3	6:29	5.0	12:19	0.8	11:51 AM	0.4	6:01	8:18	
25	Tue	6:40	3.4	7:19	5.0	1:19	0.7	12:45	0.4	6:02	8:17	
26	Wed	7:27	3.5	8:04	5.1	2:08	0.7	1:36	0.3	6:03	8:16	
27	Thu	8:11	3.6	8:45	5.2	2:48	0.6	2:21	0.2	6:03	8:15	
28	Fri	8:54	3.8	9:24	5.3	3:23	0.6	3:03	0.2	6:04	8:14	
29	Sat	9:35	4.0	10:02	5.3	3:56	0.5	3:42	0.2	6:05	8:13	
30	Sun	10:15	4.2	10:40	5.2	4:29	0.5	4:22	0.2	6:06	8:12	
31	Mon	10:55	4.3	11:16	5.0	5:02	0.5	5:01	0.4	6:07	8:12	