

































## Upshur Neck, VA - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:58	5.7	8:15	4.8	1:42	-0.8	2:23	-0.6	6:32	5:57	
2	Thu	8:46	5.7	9:04	5.1	2:32	-1.1	3:08	-0.8	6:31	5:58	
3	Fri	9:33	5.7	9:53	5.3	3:22	-1.2	3:53	-0.9	6:30	5:59	
4	Sat	10:21	5.4	10:43	5.4	4:13	-1.1	4:39	-0.9	6:28	6:00	
5	Sun	11:09	5.0	11:35	5.3	5:07	-0.9	5:28	-0.7	6:27	6:01	
6	Mon	11:59	4.6			6:03	-0.6	6:20	-0.6	6:25	6:02	
7	Tue	12:29	5.2	12:53	4.1	7:04	-0.3	7:15	-0.3	6:24	6:03	
8	Wed	1:29	4.9	1:53	3.7	8:07	0.0	8:14	-0.1	6:22	6:04	
9	Thu	2:34	4.7	2:59	3.4	9:14	0.2	9:16	0.0	6:21	6:05	
10	Fri	3:45	4.6	4:09	3.4	10:24	0.3	10:21	0.0	6:19	6:06	
11	Sat	4:53	4.6	5:13	3.5	11:30	0.3	11:24	-0.1	6:18	6:07	
12	Sun	6:52	4.6	7:07	3.7			1:27	0.2	7:17	7:08	
13	Mon	7:41	4.7	7:53	3.9	1:22	-0.2	2:13	0.0	7:15	7:09	
14	Tue	8:24	4.7	8:35	4.1	2:11	-0.3	2:52	0.0	7:14	7:10	
15	Wed	9:04	4.8	9:15	4.3	2:54	-0.4	3:26	-0.1	7:12	7:11	
16	Thu	9:41	4.7	9:54	4.5	3:34	-0.4	4:00	-0.1	7:11	7:11	
17	Fri	10:19	4.6	10:32	4.6	4:13	-0.4	4:33	-0.1	7:09	7:12	
18	Sat	10:56	4.5	11:11	4.6	4:52	-0.3	5:07	0.0	7:08	7:13	
19	Sun	11:34	4.3	11:50	4.6	5:31	-0.1	5:43	0.2	7:06	7:14	
20	Mon			12:12	4.1	6:12	0.2	6:20	0.4	7:05	7:15	
21	Tue	12:30	4.5	12:51	3.8	6:55	0.4	7:00	0.6	7:03	7:16	
22	Wed	1:13	4.4	1:34	3.6	7:42	0.6	7:45	0.7	7:02	7:17	
23	Thu	2:00	4.4	2:23	3.5	8:34	0.8	8:36	0.8	7:00	7:18	
24	Fri	2:55	4.3	3:19	3.4	9:29	0.9	9:32	0.7	6:59	7:19	
25	Sat	3:56	4.4	4:21	3.5	10:28	0.9	10:31	0.6	6:57	7:20	
26	Sun	4:58	4.6	5:21	3.7	11:27	0.7	11:32	0.4	6:56	7:21	
27	Mon	5:56	4.9	6:18	4.1			12:23	0.4	6:54	7:22	
28	Tue	6:50	5.2	7:11	4.6	12:32	0.0	1:16	0.1	6:53	7:22	
29	Wed	7:42	5.5	8:02	5.1	1:28	-0.4	2:06	-0.3	6:51	7:23	
30	Thu	8:31	5.6	8:52	5.5	2:23	-0.8	2:53	-0.6	6:50	7:24	
31	Fri	9:21	5.6	9:42	5.8	3:15	-1.0	3:39	-0.8	6:48	7:25	