





























Upshur Neck, VA - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:03	4.6	1:30	4.3	7:32	0.5	7:52	0.7	6:08	8:10	
2	Wed	1:48	4.3	2:20	4.3	8:15	0.6	8:45	1.0	6:09	8:09	
3	Thu	2:36	3.9	3:12	4.3	8:59	0.8	9:39	1.1	6:10	8:08	
4	Fri	3:28	3.7	4:08	4.4	9:46	0.9	10:35	1.2	6:10	8:07	
5	Sat	4:24	3.6	5:03	4.6	10:35	0.9	11:32	1.2	6:11	8:06	
6	Sun	5:19	3.6	5:56	4.8	11:26	0.8			6:12	8:05	
7	Mon	6:11	3.8	6:45	5.1	12:27	1.1	12:17	0.7	6:13	8:04	
8	Tue	7:00	4.0	7:32	5.4	1:17	0.9	1:07	0.5	6:14	8:03	
9	Wed	7:47	4.2	8:17	5.7	2:03	0.7	1:56	0.3	6:15	8:02	
10	Thu	8:33	4.4	9:02	5.9	2:47	0.4	2:42	0.1	6:15	8:01	
11	Fri	9:19	4.7	9:46	6.0	3:30	0.2	3:28	-0.1	6:16	7:59	
12	Sat	10:05	4.9	10:30	6.0	4:12	0.0	4:15	-0.2	6:17	7:58	
13	Sun	10:51	5.1	11:15	5.9	4:55	-0.1	5:03	-0.2	6:18	7:57	
14	Mon	11:39	5.2			5:39	-0.1	5:54	-0.1	6:19	7:56	
15	Tue	12:01	5.6	12:28	5.3	6:25	-0.1	6:49	0.1	6:20	7:54	
16	Wed	12:49	5.2	1:21	5.4	7:14	0.0	7:48	0.3	6:21	7:53	
17	Thu	1:41	4.8	2:17	5.3	8:06	0.1	8:50	0.4	6:21	7:52	
18	Fri	2:38	4.4	3:20	5.3	9:02	0.1	9:55	0.5	6:22	7:51	
19	Sat	3:41	4.1	4:26	5.4	10:00	0.2	11:03	0.6	6:23	7:49	
20	Sun	4:47	4.0	5:31	5.4	11:01	0.2			6:24	7:48	
21	Mon	5:51	4.0	6:32	5.6	12:09	0.5	12:03	0.1	6:25	7:47	
22	Tue	6:50	4.1	7:27	5.7	1:11	0.3	1:02	0.0	6:26	7:45	
23	Wed	7:44	4.3	8:16	5.7	2:05	0.2	1:57	-0.2	6:26	7:44	
24	Thu	8:33	4.5	9:03	5.7	2:52	0.1	2:47	-0.2	6:27	7:42	
25	Fri	9:18	4.6	9:46	5.6	3:34	0.0	3:33	-0.2	6:28	7:41	
26	Sat	10:02	4.8	10:27	5.4	4:13	0.0	4:17	-0.2	6:29	7:40	
27	Sun	10:45	4.8	11:07	5.2	4:51	0.1	5:00	0.0	6:30	7:38	
28	Mon	11:26	4.8	11:47	4.9	5:28	0.2	5:44	0.3	6:31	7:37	
29	Tue			12:08	4.8	6:06	0.4	6:28	0.6	6:31	7:35	
30	Wed	12:27	4.6	12:51	4.8	6:45	0.6	7:15	0.8	6:32	7:34	
31	Thu	1:09	4.3	1:37	4.7	7:27	0.9	8:05	1.1	6:33	7:32	