

































## Upshur Neck, VA - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:24	4.8	12:47	4.3	6:49	0.5	7:04	0.6	6:08	8:10	
2	Mon	1:05	4.4	1:31	4.3	7:28	0.7	7:54	0.9	6:09	8:09	
3	Tue	1:47	4.1	2:19	4.4	8:09	0.8	8:46	1.1	6:10	8:08	
4	Wed	2:34	3.8	3:11	4.4	8:52	0.9	9:41	1.3	6:10	8:07	
5	Thu	3:26	3.5	4:07	4.5	9:38	1.0	10:38	1.3	6:11	8:06	
6	Fri	4:22	3.4	5:04	4.7	10:29	1.0	11:36	1.3	6:12	8:05	
7	Sat	5:20	3.5	5:59	4.9	11:23	0.9			6:13	8:04	
8	Sun	6:14	3.6	6:50	5.2	12:33	1.1	12:17	0.7	6:14	8:03	
9	Mon	7:05	3.8	7:39	5.6	1:26	0.9	1:11	0.4	6:15	8:02	
10	Tue	7:53	4.1	8:26	5.8	2:13	0.6	2:02	0.2	6:15	8:00	
11	Wed	8:41	4.4	9:12	6.0	2:58	0.4	2:51	-0.1	6:16	7:59	
12	Thu	9:29	4.7	9:58	6.1	3:41	0.1	3:39	-0.3	6:17	7:58	
13	Fri	10:17	5.0	10:44	6.0	4:24	-0.1	4:28	-0.4	6:18	7:57	
14	Sat	11:05	5.2	11:29	5.8	5:08	-0.2	5:19	-0.3	6:19	7:56	
15	Sun	11:55	5.4			5:52	-0.2	6:14	-0.1	6:20	7:54	
16	Mon	12:16	5.4	12:45	5.5	6:39	-0.2	7:11	0.1	6:21	7:53	
17	Tue	1:05	4.9	1:40	5.5	7:28	0.0	8:13	0.3	6:21	7:52	
18	Wed	1:58	4.4	2:39	5.4	8:20	0.1	9:18	0.6	6:22	7:51	
19	Thu	2:58	4.0	3:44	5.3	9:17	0.2	10:26	0.7	6:23	7:49	
20	Fri	4:03	3.7	4:52	5.3	10:17	0.3	11:36	0.7	6:24	7:48	
21	Sat	5:12	3.6	5:59	5.3	11:20	0.3			6:25	7:47	
22	Sun	6:16	3.7	6:58	5.4	12:44	0.7	12:23	0.3	6:26	7:45	
23	Mon	7:12	3.9	7:49	5.5	1:42	0.6	1:22	0.1	6:26	7:44	
24	Tue	8:02	4.1	8:35	5.5	2:29	0.4	2:14	0.0	6:27	7:42	
25	Wed	8:47	4.3	9:17	5.5	3:10	0.3	3:00	0.0	6:28	7:41	
26	Thu	9:29	4.5	9:56	5.4	3:46	0.3	3:43	0.0	6:29	7:40	
27	Fri	10:10	4.7	10:34	5.2	4:20	0.3	4:24	0.1	6:30	7:38	
28	Sat	10:50	4.8	11:11	5.0	4:54	0.3	5:05	0.3	6:31	7:37	
29	Sun	11:29	4.8	11:49	4.7	5:28	0.5	5:47	0.5	6:31	7:35	
30	Mon			12:09	4.8	6:03	0.6	6:30	0.8	6:32	7:34	
31	Tue	12:27	4.4	12:51	4.8	6:39	0.8	7:17	1.0	6:33	7:32	