US HARBORS www.USHarbors.com

Upshur Neck, VA - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:00	4.9	7:11	4.0	12:36	0.0	1:27	0.3	6:33	5:57	
2	Thu	7:43	5.2	7:55	4.3	1:23	-0.3	2:06	0.0	6:32	5:58	
3	Fri	8:25	5.3	8:39	4.7	2:09	-0.6	2:45	-0.3	6:30	5:59	
4	Sat	9:07	5.3	9:23	5.0	2:54	-0.7	3:24	-0.4	6:29	6:00	
5	Sun	9:49	5.2	10:08	5.2	3:40	-0.7	4:04	-0.5	6:28	6:00	
6	Mon	10:32	4.9	10:54	5.3	4:29	-0.7	4:47	-0.5	6:26	6:01	
7	Tue	11:17	4.5	11:44	5.3	5:21	-0.5	5:32	-0.4	6:25	6:02	
8	Wed			12:06	4.1	6:17	-0.2	6:22	-0.2	6:23	6:03	
9	Thu	12:38	5.1	12:59	3.7	7:17	0.1	7:18	-0.1	6:22	6:04	
10	Fri	1:39	4.9	2:02	3.4	8:23	0.3	8:20	0.0	6:20	6:05	
11	Sat	2:48	4.8	3:12	3.2	9:32	0.4	9:26	0.1	6:19	6:06	
12	Sun	5:01	4.8	5:24	3.3	11:43	0.4	11:35	0.0	7:17	7:07	
13	Mon	6:10	4.8	6:29	3.5			12:49	0.3	7:16	7:08	
14	Tue	7:10	4.9	7:25	3.8	12:41	-0.2	1:44	0.1	7:14	7:09	
15	Wed	8:00	5.0	8:14	4.1	1:40	-0.4	2:30	-0.1	7:13	7:10	
16	Thu	8:45	5.0	8:58	4.4	2:32	-0.6	3:10	-0.3	7:11	7:11	
17	Fri	9:27	4.9	9:40	4.7	3:18	-0.6	3:46	-0.3	7:10	7:12	
18	Sat	10:06	4.7	10:20	4.8	4:02	-0.6	4:21	-0.3	7:08	7:13	
19	Sun	10:44	4.5	11:00	4.8	4:43	-0.5	4:55	-0.2	7:07	7:14	
20	Mon	11:22	4.2	11:39	4.8	5:24	-0.3	5:31	0.0	7:05	7:15	
21	Tue			12:00	4.0	6:06	0.0	6:07	0.2	7:04	7:16	
22	Wed	12:19	4.7	12:40	3.7	6:50	0.3	6:47	0.5	7:02	7:16	
23	Thu	1:02	4.5	1:22	3.4	7:36	0.6	7:30	0.7	7:01	7:17	
24	Fri	1:49	4.3	2:10	3.2	8:27	0.9	8:20	0.8	6:59	7:18	
25	Sat	2:44	4.1	3:05	3.1	9:22	1.1	9:16	0.9	6:58	7:19	
26	Sun	3:46	4.1	4:07	3.1	10:21	1.2	10:15	0.9	6:56	7:20	
27	Mon	4:49	4.2	5:08	3.3	11:19	1.1	11:15	0.7	6:55	7:21	
28	Tue	5:47	4.4	6:04	3.6			12:14	0.9	6:53	7:22	
29	Wed	6:38	4.7	6:54	4.1	12:13	0.4	1:02	0.6	6:52	7:23	
30	Thu	7:25	5.0	7:41	4.5	1:07	0.1	1:47	0.3	6:50	7:24	
31	Fri	8:09	5.1	8:26	5.0	1:58	-0.2	2:29	-0.1	6:49	7:25	