US HARBORS www.USHarbors.com

Upshur Neck, VA - Aug 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:05	5.3	12:30	4.7	6:33	-0.1	6:48	0.1	6:07	8:11	
2	Wed	12:50	4.8	1:18	4.6	7:17	0.1	7:43	0.4	6:08	8:10	
3	Thu	1:36	4.4	2:09	4.6	8:02	0.4	8:40	0.7	6:09	8:09	
4	Fri	2:24	3.9	3:02	4.5	8:47	0.6	9:38	1.0	6:10	8:08	
5	Sat	3:16	3.6	3:59	4.5	9:34	0.8	10:39	1.1	6:11	8:07	
6	Sun	4:13	3.4	4:57	4.5	10:24	0.9	11:40	1.2	6:12	8:06	
7	Mon	5:12	3.3	5:53	4.7	11:16	0.9			6:12	8:05	
8	Tue	6:06	3.4	6:43	4.9	12:37	1.2	12:09	0.8	6:13	8:04	
9	Wed	6:55	3.6	7:30	5.1	1:27	1.1	1:00	0.7	6:14	8:02	
10	Thu	7:41	3.8	8:13	5.3	2:09	0.9	1:47	0.5	6:15	8:01	
11	Fri	8:24	4.0	8:55	5.5	2:47	0.8	2:31	0.3	6:16	8:00	
12	Sat	9:07	4.2	9:35	5.6	3:24	0.6	3:13	0.2	6:17	7:59	
13	Sun	9:49	4.5	10:14	5.6	4:00	0.5	3:55	0.2	6:18	7:58	
14	Mon	10:30	4.7	10:53	5.5	4:36	0.3	4:38	0.2	6:18	7:56	
15	Tue	11:12	4.9	11:32	5.3	5:13	0.3	5:23	0.2	6:19	7:55	
16	Wed	11:55	5.0			5:52	0.3	6:11	0.3	6:20	7:54	
17	Thu	12:13	5.1	12:40	5.2	6:33	0.3	7:03	0.5	6:21	7:53	
18	Fri	12:57	4.7	1:30	5.3	7:18	0.3	8:01	0.6	6:22	7:51	
19	Sat	1:46	4.4	2:25	5.3	8:08	0.4	9:03	0.8	6:23	7:50	
20	Sun	2:43	4.0	3:28	5.4	9:03	0.4	10:09	0.8	6:23	7:49	
21	Mon	3:48	3.8	4:36	5.5	10:04	0.4	11:17	0.8	6:24	7:47	
22	Tue	4:56	3.8	5:43	5.6	11:08	0.3			6:25	7:46	
23	Wed	6:02	3.9	6:45	5.8	12:25	0.6	12:13	0.1	6:26	7:45	
24	Thu	7:03	4.1	7:42	6.0	1:26	0.4	1:15	-0.2	6:27	7:43	
25	Fri	7:59	4.4	8:34	6.0	2:20	0.1	2:13	-0.4	6:28	7:42	
26	Sat	8:51	4.7	9:23	5.9	3:07	0.0	3:06	-0.5	6:29	7:40	
27	Sun	9:40	5.0	10:08	5.8	3:51	-0.2	3:56	-0.5	6:29	7:39	
28	Mon	10:27	5.1	10:52	5.4	4:32	-0.2	4:44	-0.3	6:30	7:38	
29	Tue	11:12	5.2	11:34	5.1	5:12	-0.1	5:32	-0.1	6:31	7:36	
30	Wed	11:56	5.2			5:52	0.1	6:20	0.3	6:32	7:35	
31	Thu	12:15	4.6	12:40	5.0	6:32	0.4	7:10	0.6	6:33	7:33	