US HARBORS www.USHarbors.com

Upshur Neck, VA - Aug 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:14	5.2	1:49	5.2	7:42	-0.3	8:16	0.1	6:08	8:11	
2	Wed	2:09	4.7	2:49	5.1	8:37	-0.2	9:20	0.3	6:09	8:10	
3	Thu	3:08	4.3	3:53	5.0	9:33	0.0	10:26	0.5	6:09	8:09	
4	Fri	4:11	4.0	4:59	5.0	10:31	0.1	11:33	0.5	6:10	8:07	
5	Sat	5:15	3.8	5:59	5.1	11:29	0.2			6:11	8:06	
6	Sun	6:14	3.8	6:53	5.1	12:37	0.5	12:26	0.2	6:12	8:05	
7	Mon	7:06	3.9	7:40	5.2	1:32	0.4	1:19	0.1	6:13	8:04	
8	Tue	7:53	4.0	8:23	5.3	2:19	0.4	2:07	0.1	6:14	8:03	
9	Wed	8:36	4.2	9:03	5.3	2:58	0.3	2:50	0.0	6:14	8:02	
10	Thu	9:18	4.3	9:43	5.3	3:35	0.2	3:31	0.0	6:15	8:01	
11	Fri	9:59	4.5	10:22	5.2	4:09	0.2	4:10	0.1	6:16	8:00	
12	Sat	10:39	4.6	11:00	5.1	4:44	0.3	4:50	0.2	6:17	7:58	
13	Sun	11:19	4.6	11:39	4.9	5:20	0.4	5:30	0.4	6:18	7:57	
14	Mon			12:00	4.7	5:57	0.5	6:13	0.6	6:19	7:56	
15	Tue	12:17	4.7	12:41	4.7	6:35	0.6	6:58	0.8	6:20	7:55	
16	Wed	12:57	4.5	1:25	4.6	7:16	0.8	7:46	1.0	6:20	7:53	
17	Thu	1:40	4.3	2:13	4.7	8:00	0.8	8:39	1.2	6:21	7:52	
18	Fri	2:29	4.1	3:07	4.7	8:49	0.9	9:35	1.2	6:22	7:51	
19	Sat	3:24	4.0	4:05	4.9	9:41	0.8	10:34	1.1	6:23	7:50	
20	Sun	4:24	4.0	5:05	5.2	10:38	0.7	11:33	0.9	6:24	7:48	
21	Mon	5:24	4.2	6:02	5.5	11:36	0.4			6:25	7:47	
22	Tue	6:21	4.5	6:56	5.9	12:31	0.6	12:34	0.1	6:25	7:46	
23	Wed	7:16	4.8	7:48	6.2	1:26	0.3	1:31	-0.2	6:26	7:44	
24	Thu	8:09	5.2	8:40	6.4	2:18	-0.1	2:26	-0.5	6:27	7:43	
25	Fri	9:01	5.5	9:30	6.4	3:07	-0.4	3:19	-0.8	6:28	7:41	
26	Sat	9:53	5.8	10:20	6.3	3:55	-0.6	4:12	-0.8	6:29	7:40	
27	Sun	10:45	5.9	11:10	6.0	4:43	-0.7	5:05	-0.7	6:30	7:39	
28	Mon	11:37	5.9			5:31	-0.6	6:00	-0.5	6:30	7:37	
29	Tue	12:01	5.6	12:30	5.8	6:22	-0.5	6:58	-0.2	6:31	7:36	
30	Wed	12:52	5.1	1:25	5.6	7:14	-0.2	7:58	0.2	6:32	7:34	
31	Thu	1:46	4.6	2:24	5.3	8:10	0.0	9:02	0.5	6:33	7:33	