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# Virginia Beach (outer coast), VA - Aug 1956

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:44 | 3.0 | 2:30 | 4.0 | 7:59 | 0.2 | 9:06 | 0.5 | 6:09 | 8:10 | |
| 2 | Thu | 2:53 | 3.0 | 3:34 | 4.2 | 9:00 | 0.1 | 10:07 | 0.3 | 6:10 | 8:09 | |
| 3 | Fri | 3:59 | 3.2 | 4:35 | 4.5 | 10:02 | 0.0 | 11:09 | 0.1 | 6:11 | 8:08 | |
| 4 | Sat | 5:04 | 3.5 | 5:35 | 4.6 | 11:06 | -0.2 | | | 6:11 | 8:07 | |
| 5 | Sun | 6:06 | 3.8 | 6:32 | 4.7 | 12:07 | -0.2 | 12:08 | -0.3 | 6:12 | 8:06 | |
| 6 | Mon | 7:02 | 4.1 | 7:25 | 4.8 | 12:59 | -0.4 | 1:06 | -0.4 | 6:13 | 8:05 | |
| 7 | Tue | 7:55 | 4.3 | 8:15 | 4.6 | 1:47 | -0.5 | 2:00 | -0.4 | 6:14 | 8:04 | |
| 8 | Wed | 8:48 | 4.4 | 9:05 | 4.4 | 2:34 | -0.6 | 2:54 | -0.3 | 6:15 | 8:03 | |
| 9 | Thu | 9:41 | 4.5 | 9:56 | 4.1 | 3:22 | -0.5 | 3:52 | -0.1 | 6:16 | 8:02 | |
| 10 | Fri | 10:33 | 4.4 | 10:46 | 3.8 | 4:12 | -0.3 | 4:51 | 0.2 | 6:16 | 8:01 | |
| 11 | Sat | 11:24 | 4.3 | 11:35 | 3.5 | 5:03 | 0.0 | 5:50 | 0.4 | 6:17 | 8:00 | |
| 12 | Sun | | | 12:17 | 4.1 | 5:53 | 0.2 | 6:51 | 0.6 | 6:18 | 7:59 | |
| 13 | Mon | 12:27 | 3.2 | 1:17 | 3.9 | 6:45 | 0.4 | 7:56 | 0.8 | 6:19 | 7:57 | |
| 14 | Tue | 1:30 | 3.0 | 2:23 | 3.8 | 7:43 | 0.6 | 8:59 | 0.9 | 6:20 | 7:56 | |
| 15 | Wed | 2:44 | 2.9 | 3:23 | 3.7 | 8:41 | 0.8 | 9:54 | 0.9 | 6:21 | 7:55 | |
| 16 | Thu | 3:45 | 2.9 | 4:14 | 3.7 | 9:35 | 0.8 | 10:45 | 0.9 | 6:21 | 7:54 | |
| 17 | Fri | 4:38 | 3.0 | 5:01 | 3.8 | 10:27 | 0.8 | 11:32 | 0.8 | 6:22 | 7:53 | |
| 18 | Sat | 5:26 | 3.1 | 5:44 | 3.9 | 11:17 | 0.8 | | | 6:23 | 7:51 | |
| 19 | Sun | 6:08 | 3.3 | 6:22 | 3.9 | 12:11 | 0.6 | 12:02 | 0.7 | 6:24 | 7:50 | |
| 20 | Mon | 6:46 | 3.5 | 6:57 | 4.0 | 12:43 | 0.5 | 12:42 | 0.6 | 6:25 | 7:49 | |
| 21 | Tue | 7:21 | 3.6 | 7:31 | 4.0 | 1:13 | 0.4 | 1:18 | 0.5 | 6:25 | 7:47 | |
| 22 | Wed | 7:54 | 3.8 | 8:04 | 3.9 | 1:42 | 0.3 | 1:54 | 0.5 | 6:26 | 7:46 | |
| 23 | Thu | 8:28 | 3.9 | 8:39 | 3.8 | 2:13 | 0.3 | 2:31 | 0.5 | 6:27 | 7:45 | |
| 24 | Fri | 9:05 | 4.0 | 9:16 | 3.7 | 2:46 | 0.3 | 3:12 | 0.6 | 6:28 | 7:43 | |
| 25 | Sat | 9:44 | 4.0 | 9:56 | 3.6 | 3:23 | 0.3 | 3:58 | 0.7 | 6:29 | 7:42 | |
| 26 | Sun | 10:26 | 4.1 | 10:39 | 3.5 | 4:05 | 0.4 | 4:47 | 0.7 | 6:30 | 7:41 | |
| 27 | Mon | 11:11 | 4.1 | 11:26 | 3.4 | 4:50 | 0.4 | 5:39 | 0.8 | 6:30 | 7:39 | |
| 28 | Tue | | | 12:01 | 4.2 | 5:40 | 0.5 | 6:37 | 0.8 | 6:31 | 7:38 | |
| 29 | Wed | 12:19 | 3.3 | 1:00 | 4.2 | 6:36 | 0.5 | 7:41 | 0.8 | 6:32 | 7:36 | |
| 30 | Thu | 1:24 | 3.2 | 2:09 | 4.2 | 7:40 | 0.5 | 8:46 | 0.7 | 6:33 | 7:35 | |
| 31 | Fri | 2:39 | 3.4 | 3:17 | 4.4 | 8:46 | 0.4 | 9:49 | 0.5 | 6:34 | 7:34 | |